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ORIGINAL ARTICLE

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# Effect of Sodium Glucose Co-transporter Type 2 Inhibitors on The Infract size among Diabetic Patients with ST Segment Elevation Myocardial Infarction Undergoing Primary Percutaneous Coronary Intervention

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#### ABSTRACT

**Background:** Myocardial ischemia causes cell death, which sets off an inflammatory cascade that eventually leads to the formation of scars.Sodium-glucose co-transporter-2 inhibitors(SGLT2I) used in the management of patients with type 2 diabetes.

**Aim:** Is to evaluate the long-term treatment with SGLT2I on decreasing the infarct size in STEMI diabetic patientswho undergoing primary percutaneous coronary intervention.

**Methods:** This Comparative study included 30 patients who were admitted with STEMI undergoing Primary PCI. Patients were divided equally into group(1) included diabetic patients not on SGLT2I & group 2 included diabetic patients on SGLT2I for more than 6 months. Baseline characteristics, echocardiographic parameters, angiographic and procedural data, medication use, and outcome data were recorded prospectively.

Results: Regarding cardiac biomarkers, hs-TnI levels were significantly higher in non SGLT2I group compared to SGLT2I group (5467.4  $\pm$  2210.42 Vs. 1325.7  $\pm$  562.39, P<0.05, respectively). Furthermore, the angiography finding, TIMI flow after PCI was significantly improved in SGLT2I group compared to non SGLT2I group (2.1  $\pm$  0.74 Vs. 1.4  $\pm$  0.99, P=0.029, respectively), with no significant difference between both groups regarding other angiography findings. On hospital discharge, ST resolution and Ejection Fraction(EF) were significantly improved in SGLT2I group compared to non SGLT2I group (54.7  $\pm$  1.87, 13 (86.67%)Vs. 50.3  $\pm$  2.38, 8 (53.33%),P<0.001, 0.046, respectively), also WMSI on hospital discharge was significantly higher in non SGLT2I group compared to SGLT2I group  $(1.63 \pm 0.38$ Vs.  $1.30 \pm 0.22$ , P=0.007 respectively). Mitral regurgitation was significantly different between both groups, being significantly improved in SGLT2I group compared to non SGLT2I group (2(13.33%) Vs. 8(53.33%),P=0.003,respectively). Baseline EF, Q wave, WMSI and mitral regurgitation were insignificantly different between both groups.

**Conclusion:** Diabetic patients with STEMI undergoing PPCI and treated with SGLT2I exhibited significantly decreased the infract size and improved cardiovascular outcomes compared to those not on SGLT2Itherapy.

Keywords: Infarction size, post PCI TIMI flow, wall motion Score Index.

#### INTRODUCTION

Globally, myocardial infarction (MI) and other ischemic heart disease are the leading causes of death. Myocardial ischemia, or MI, is usually caused by a thrombotic coronary artery blockage. Primary percutaneous coronary intervention (PCI) of the infarct-related coronary artery is typically done following a MI diagnosis in order to facilitate reperfusion, reduce tissue necrosis, and enhance clinical prognosis [1].

Furthermore, with the elimination of dead cells and matrix debris, reperfusion sets off an

essentially regenerative signaling cascade by the immune system, which is designed to restore the damaged tissue[2].

Nonetheless, strict regulation of this immunemediated response is necessary to stop further damage to cardiac tissue, which could lead to congestive heart failure [1].

Since there are currently few effective treatments for reperfusion injury, and because the extent of a myocardial infarct is highly correlated with mortality, new medicines must be developed[3].

SGLT2 inhibitors have been studied in a number of preclinical investigations and have been proven to minimize acute myocardial ischemia– reperfusion injury in the majority of instances due to their high efficacy, great tolerability, and capacity to prevent severe adverse cardiovascular events in big clinical trials [4].

Therefore, this study aimed to evaluate the longterm treatment with SGLT2I on decreasing the infarct size in ST Segment Elevation Myocardial Infarction (STEMI) diabetic patients who were undergoing primary percutaneous coronary intervention.

#### METHODS

This Comparative study included 30 patients who admitted with STEMI undergoing Primary PCI, at Cardiology department, Zagazig University hospital, and Al-Ahrar teaching hospital in duration of one year.

Based on admission anti diabetic therapy patients were divided into two groups as follows:

Group1 (n=15): included diabetic patients not on SGLT2I. Group2 (n=15): included diabetic patients on SGLT2I (Empagliflozin 10mg or Dapagliflozin 10mg started at least 6months before hospitalization).

**Inclusion criteria:** Diabetic patients with ST segment elevation myocardial infarction (STEMI) undergoing Primary PCI.

**Exclusion criteria:** Individuals using insulin or those with insufficient knowledge about medical treatment, advanced renal impairment, need for emergent CABG and those with chronic heart failure.

# Informed consent and ethics committee/IRB approval:

Written informed consent was obtained from all participants, the study was approved by the research ethical committee at faculty of medicine at Zagazig University under "ZU-IRB #10447". The study was done according to The Code of Ethics of the World Medical Association (Declaration of Helsinki) for studies involving humans.

# All studied cases were subjected to the following:

**Detailed history taking**: Including; personal history: age, sex, residence, occupation, and special habits including smoking or alcohol consumption. Present and Past history of any

medical condition with emphasis on risk factors for coronary artery disease(CAD) as hypertension, smoking, dyslipidemia, Diabetes Mellitus (DM) ,AF, COPD, PAD, family history and previous history for Acute Coronary Syndrome (ACS) or Myocardial revascularization. Medical history of drugs taken including Statins, ACEI, ARBs, SGLT2 inhibitor and its duration of intake and DAPT.

Full clinical examination: General examination including vital signs (pulse, blood pressure, capillary filling time, respiratory rate, and temperature). Body mass index (BMI) .Signs of heart failure. Local cardiac examination for detection of any abnormality including abnormal heart sounds, murmurs, pulmonary rales, pericardial rub, thrills ,cardiomegaly , and previous surgery.

**Routine laboratory investigations:** Cardiac enzymes: total creatinine kinase (CK), CK-MB isoenzyme (MB) and troponin T are dynamically measured before the procedure and until 48 hours after procedure. CRP(mg/dL). Liver function tests ALT(U/L),AST(U/L). Kidney function testes (Serum creatinine (mg/dL), Urea(mg/dL)). Lipid profile within 1<sup>st</sup> 24hours(mg/dL). HbA1c(normal up to 6.5%), and RBS. INR, PT (Sec) and PTT (Sec). Complete blood count (Hemoglobin, White Blood Cells, Platelets).

**Baseline** electrocardiography(ECG) : Diagnostic ST elevation in absence of left ventricular hypertrophy or left bundle branch block(LBBB). $\geq 1.5 \text{ mm} (0.15 \text{ mV})$  in women or  $\geq 2 \text{ mm} (0.2 \text{ mV})$  in males in leads V2-V3.  $\geq 1 \text{ mm} (0.1 \text{ mV})$  in two more contiguous chest leads or limb leads. New or presumed new LBBB is thought to be a STEMI comparable[5];.

**Echocardiography:** Echocardiography can be utilized in a number of ways to calculate LVEF. The left ventricular (LV) volumes are calculated using formulae that vary depending on the type of echocardiographic image (three-, two-, or Mmode) and the technique employed. Onedimensional (linear), two-dimensional (area), or three-dimensional (volume) measurements can be produced. For LVEF assessment, the currently preferred in our study two-dimensional method is the biplane method of disks (modified Simpson's rule) [6].

**Wall motion score index(WMSI) :**Each segment is then scored, using the following criteria:

Normal endocardial excursion and wall thickening are considered normokinesia (1 point). Hypokinesia (2 points): decreased endocardial excursion, decreased wall thickening. Akinesia (3 points): no endocardial excursion nor wall thickening is present. Four points for dyskinesia: systolic outward thinning or stretching. Then, the sum of the previously indicated segmental values is divided by the total number of myocardial segments (16) to determine the wall motion score index. A WMSI of 3.0 correlates with an ejection fraction of 12% and is regarded as akinetic, whereas a WMSI of 1.0 (16/16) is considered normokinetic. Mild hypokinesia, hypokinesia, and severe hypokinesia are the designations given to WMSIs of 1.5, 2.0, and 2.5, respectively[7].

**Percutaneous coronary intervention**: Using conventional interventional procedures, coronary angiography and stent implantation were carried , every baseline and procedural cine coronary angiography was examined and subjected to quantitative analysis. TIMI flow grades were evaluated before and after PCI. The final angiography was used to determine the myocardial blush grade (MBG) [8]..

# Statisticalanalysis:

Microsoft Excel was utilized to gather and examine the data. The Statistical Package for the Social Sciences (SPSS version 20.0) program was then used to import the data and analyze it. Contingent on the nature of the data, the quantitative group is represented by mean $\pm$  SD, while the qualitative data is expressed as a number and percentage. variations between independent multiples that are quantified using ANOVA. For significant results, the P value was set at <0.05, and for highly significant results, at <0.001.

#### RESULTS

The present study showed SGLT2I group had significantly higher age compared to non SGLT2I group (P=0.008). The other baseline characteristics (sex, weight, height, and BMI)were not significantly different between both groups(**Table 1**).

The HR was significantly higher in non SGLT2I group compared to SGLT2I group(P=0.001), with no significant difference between both groups regarding SBP and DBP. There was an insignificant difference between the studied groups regarding the risk factors(smoking, hypertension, dyslipidemia, angina, CKD, PAD, COPD, family history of CAD, previous PCI, prior CABG and prior MI)(**Table2**).

Regarding the laboratory investigations, neutrophil, NLR, TG and CRP were significantly higher in non SGLT2I group compared to SGLT2I group (P<0.001,0.004,<0.001respectively). Level of urea was significantly higher in SGLT2I group compared to non SGLT2I group (P=0.005). Other laboratory findings (Hb, PLT. WBCs. lymphocytes, HbA1c, serum creatinine, ALT, and AST) were insignificantly different between both groups (Table3).

After 24 hours, lymphocytes count was significantly higher in SGLT2I group compared to non SGLT2I group (P=0.017). Neutrophil, NLR and CRP were significantly higher in non SGLT2I group compared to SGLT2I group (P=0.011, 0.005, <0.001 respectively). Other laboratory findings (Hb, PLT, WBCs, HbA1c and serum creatinine) were in significantly different between both groups (**Table 4**).

Regarding cardiac biomarkers, hs-TnI levels were significantly higher in non SGLT2I group compared to SGLT2I group (5467.4  $\pm$  2210.42 Vs. 1325.7  $\pm$  562.39, P<0.05, respectively) (**Table 5**).

Regarding the angiography finding, TIMI flow after PCI was significantly higher in SGLT2I group compared to non SGLT2I group (P=0.029), with no significant difference between both groups regarding other angiography finding(**Table 6**).

On hospital discharge, ST resolusion and EF was significantly higher in SGLT2I group compared to non SGLT2I group (P<0.001, 0.046). WMSI on discharge was significantly higher in non SGLT2I group compared to SGLT2I group (1.63  $\pm$  0.38 Vs. 1.30  $\pm$  0.22, P=0.007 respectively).Mitral regurgitation was significantly different between both groups, being significantly improved in SGLT2I group compared to non SGLT2I group (P=0.003). Baseline EF, WMSI and mitral regurgitation were insignificantly different between both groups(**Table7**).

		Total (n=30)	Non SGLT2I group (n=15)	SGL T2I group (n=15)	P value
	Mean±SD	69.2±4.75	67.0±3.98	$71.5 \pm 4.5$	
Age(years)	Range	61-79	61-73	66-79	0.008*
Ser	Male	25(83.3%)	13(86.67%)	12(80%)	
Sex	Female	5(16.7%)	2(13.33%)	3 (20%)	1.00
Waight(Vg)	Mean±SD	71.1±6.68	70.5±7.49	71.8±5.95	0.704
Weight(Kg)	Range	56-84	56-84	64-82	0.594

**Table1:** Baseline characteristics of the studied groups

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		Total (n=30)	Non SGLT2I group (n=15)	SGL T2I group (n=15)	P value
Height(m)	<b>Mean±SD</b>	$1.6 \pm 0.04$	1.7 ±0.03	1.6 ±0.04	
rieght(iii)	Range	1.59-1.7	1.6-1.7	1.59-1.7	0.164
$\mathbf{DMI}(\mathbf{V}_{\alpha}/\mathbf{m}^2)$	<b>Mean±SD</b>	26.3±2.41	25.7±2.87	26.8±1.78	
BMI(Kg/m <sup>2</sup> )	Range	19.38-30.8	19.38-30.85	23.53-28.65	0.231

BMI:body mass index,\*:statistically significant as pvalue<0.05.

#### Table2:Clinical examination , vital signs & Risk factors of the studied groups

		Non SGLT2I group	SGL T2I group	P
	Total (n=30)	(n=15)	(n=15)	value
HR(beats/min)	82.7±6.83	86.6±6.32	78.9±4.97	0.001*
III (Deats/IIIII)	71-95	75-95	71-85	0.001
SRP(mmHg)	$134.7 \pm 14.1$	$134.0 \pm 16.39$	$135.3 \pm 11.87$	0.800
SBP(mmHg)	110 -160	110 -160	120 -160	0.000
	81.3±8.19	79.3±8.84	83.3±7.24	0.186
DBP(mmHg)	70-90	70-90	70-90	0.180
Riskfactors(%)				
Smoking	20(66.67%)	11(73.33%)	9 (60%)	0.699
Hypertension	23(76.67%)	12(80%)	11(73.33%)	1.00
Dyslipidemia	21(70%)	11(73.33%)	10(66.67%)	1.00
Angina	20(66.67%)	11(73.33%)	9 (60%)	0.699
CKD	3 (10%)	1 (6.67%)	2(13.33%)	1.00
PAD	6 (20%)	4(26.67%)	2(13.33%)	0.651
COPD	3 (10%)	2(13.33%)	1 (6.67%)	1.00
FamilyhistoryofCAD	7(23.33%)	3 (20%)	4(26.67%)	1.00
PreviousPCI	8(26.67%)	5(33.33%)	3 (20%)	0.682
PriorCABG	4(13.33%)	2(13.33%)	2(13.33%)	1.00
PriorMI	2 (6.67%)	1 (6.67%)	1 (6.67%)	1.00
AF	3 (10%)	2(13.33%)	1 (6.67%)	1.00

HR: heart rate ,SBP: systolic blood pressure, DBP: diastolic blood pressure,\*:statistically significant as p value<0.05. CKD: chronic kidney disease, PAD: peripheral artery disease, COPD: chronic obstructive pulmonary disease, CAD: coronary artery disease, PCI: percutaneous coronary intervention, CABG: coronary artery by pass graft, MI: myocardial infarction, AF: atrial fibrillation.

Table3:Laboratory investigations of the studied groups

	Total (n=30)	Non SGLT2I group (n=15)	SGL T2I group (n=15)	P value	
Hb(g/dL)	13.04±1.03	$13.1 \pm 1.11$	12.99±0.97	0.808	
	11.5-14.5	11.5 -14.5	11.6-14.3	0.808	
PLT(*10 <sup>9</sup> /L)	292.1±38.9	$288.9 \pm 42.95$	$295.2 \pm 35.71$	0.667	
	209 -348	209-348	226 - 342	0.667	
WBCs(*10 <sup>9</sup> /L)	$9.4 \pm 1.74$	9.7±1.66	9.1 ±1.81	0.217	
	6.7-13	7.2-12.7	6.7-13	0.317	
Lymphocytes(*10 <sup>9</sup> /L)	2.01±0.43	1.9 ±0.43	2.1 ±0.41	0.164	
	1.3-2.9	1.3-2.4	1.6-2.9	0.164	
Neutrophil(*10 <sup>9</sup> /L)	6.96±1.19	7.7 ±1.17	6.3 ±0.69	-0.001*	
	5.4-9.3	5.4-9.3	5.4-7.4	<0.001*	
NLR	3.7±1.21	4.3±1.33	3.1±0.67	0.004*	
	1.9 -6.54	2.48-6.54	1.9 -4.11	0.004*	
HbA1c(%)	7.7 ±0.6	7.7 ±0.56	7.8 ±0.65	0.613	
	6.7-8.9	6.8-8.5	6.7-8.9	0.613	
CPR(mg/dL)	3.4 ±0.76	4.0 ±0.42	2.7 ±0.34	<0.001*	
	2.2-4.5	3.1-4.5	2.2-3.5	<0.001*	

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Serum	1.1 ±0.15	1.03±0.15	1.1 ±0.14	0.222	
creatinine(mg/dL)	0.8-1.3	0.8-1.3	0.8-1.3	0.222	
Urea(mg/dL)	67.2±8.81	62.8±8.48	71.5±6.94	0.005*	
	52-85	52-78	61-85	0.005*	
ALT(U/L)	46.5±11.74	43.1±12.38	49.9±10.35	0.111	
	27-65	27-62	32-65	0.111	
AST(U/L)	$39.5 \pm 9.8$	38.2±8.54	40.9±11.06	0.466	
	21-55	21-55	21-55	0.466	
Total	$255.5 \pm 36.5$	$257.3 \pm 38.71$	253.7±35.51	0.706	
cholesterol(mg/dL)	195 -320	195-320	200 - 318	0.796	
Triglycerides(mg/dL)	203.0±17.2	209.3±16.31	196.7±16.3	0.042*	
	172 -227	178-227	172 -227	0.043*	
HDL(mg/dL)	45±7.09	44.1±6.33	45.9±7.9	0.512	
	35-60	36-57	35-60	0.513	
LDL(mg/dL)	$134.1 \pm 9.7$	131.5±9.16	136.7±9.85	0.151	
	112 -150	113-147	112 -150	0.151	

Hb: hemoglobin, PLT: platelets, WBCs: white blood cells, NLR: neutrophil lymphocyte ratio, CPR: C-reactive protein, ALT: alanine amino transferase, AST: aspartate amino transferase,\*:statistically significant as p value<0.05. HDL: high density lipoprotein, LDL: low density lipoprotein, \*:statistically significant as pvalue<0.05.

Table4: Laboratory investigations after 24hours of the studied groups

	Total(n=30)	NonSGLT2I group(n=15)	SGLT2Igroup (n=15)	Pvalue
Hb(g/dL)	12.9± 0.93 11.5 -14.3	12.6± 0.8 11.5-14	13.2±0.99 11.6 -14.3	0.104
PLT(*10 <sup>9</sup> /L)	284.1±41.1 213-347	285.0± 31.81 229 -336	283.3±49.77 213 -347	0.910
WBCs(*10 <sup>9</sup> /L)	8.8 ±1.34 6.6-11	8.80±1.21 7 -10.7	8.77±1.5 6.6-11	0.958
Lymphocytes(*109/L)	$\begin{array}{c} 1.99 {\pm}~ 0.5 \\ 1.2 {\text{-}} 3.1 \end{array}$	1.8 ±0.37 1.2-2.3	2.2 ±0.53 1.5-3.1	0.017*
Neutrophil(*109/L)	6.8 ±0.97 5.5-8.8	7.3 ±1.04 5.7-8.8	6.4 ±0.68 5.5-7.3	0.011*
NLR	3.7±1.24 1.94-6.67	4.3±1.26 2.85-6.67	3.1 ±0.9 1.94-4.73	0.005*
HbA1c(%)	7.3 ±0.77 5.8-8.9	7.2 ±0.82 5.8-8.3	7.4 ±0.73 6.6-8.9	0.390
CPR(mg/dL)	4.3 ±1.85 2.1-7.6	5.9 ±1.1 4.3-7.6	2.6 ±0.38 2.1-3.3	<0.001*
Serum creatinine(mg/dL)	0.9 ±0.11 0.7-1.1	0.87±0.13 0.7-1.1	$\begin{array}{c} 0.88 {\pm} 0.1 \\ 0.7 {\text{-}}1 \end{array}$	0.876

Hb:hemoglobin,PLT:platelets,WBCs:white blood cells,NLR:neutrophil lymphocyte ratio , CPR:C-reactive protein,\*:statistically significant as p value<0.05.

		Total (n=30)	Non SGLT2I group (n=15)	SGLT2I group (n=15)	P value
CK-MB (U/L)	Mean± SD	$169.9 \pm 38.8$	$159.0 \pm 42.1$	$180.7\pm33.08$	0.127
	Range	103 - 223	103 - 223	107 - 222	
I hs-TnI (ng/L)	Mean± SD	651.9 ±	$960.8\pm514.76$	$343.1 \pm 181.91$	<0.001*
		492.5			

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	Range	131 - 1904	147 - 1904	131 - 649	
II hs-TnI (ng/L)	Mean± SD	3512.7±	5853.8 ± 1912.29	1171.5 ± 537.25	<0.001*
		2752.2	5055.0 ± 1712.27	1171.5 ± 557.25	10.001
	Range	233 - 8786	1205 - 8786	233 - 1747	
III hs-TnI (ng/L)	Mean± SD	2749.2±	$4762.9 \pm 2810.7$	$735.4 \pm 298.24$	<0.001*
		2837.6			
	Range	224 - 8893	580 - 8893	224 - 1262	
hs-TnI peak (ng/L)	Mean± SD	3396.6±	$5467.4 \pm 2210.42$	$1325.7 \pm 562.39$	<0.001*
		2635.8			
	Range	297 - 9053	1989 - 9053	297 - 2208	

**Table 6:** Angiography findings and risk score of the studied groups

		Total(n=30)	NonSGLT2I group(n=15)	SGLT2I group(n=15)	P value
	0	13(43.33%)	6 (40%)	7(46.67%)	
	1	6 (20%)	3 (20%)	3 (20%)	0.015
	2	6 (20%)	4(26.67%)	2(13.33%)	0.815
Baseline TIMI flow	3	5(16.67%)	2(13.33%)	3 (20%)	
	Mean ± SD	1.1 ±1.16	1.1 ±1.13	1.1 ±1.22	0.070
	Range	0 -3	0 -3	0-3	0.878
	0	3 (10%)	3 (20%)	0 (0%)	
	1	8(26.67%)	5(33.33%)	3 (20%)	0.163
TIMI flow after PCI	2	12(40%)	5(33.33%)	7(46.67%)	
This now after FCI	3	7(23.33%)	2(13.33%)	5(33.33%)	
	Mean ±SD	1.8 ±0.94	1.4 ±0.99	2.1 ±0.74	0.029*
	Range	0 -3	0 -3	1-3	0.029*
	1vessel	6 (20%)	4(26.67%)	2(13.33%)	
Affected vessel number	2vessel	13(43.33%)	6 (40%)	7(46.67%)	0.658
	<b>3vessel</b>	11(36.67%)	5(33.33%)	6 (40%)	0.058
	LM lesion	3 (10%)	2(13.33%)	1 (6.67%)	
	LAD lesion	16(53.33%)	7(46.67%)	9 (60%)	
Affected vessel	LCX lesion	7(23.33%)	4(26.67%)	3 (20%)	- 0.811
	RCA lesion	12(40%)	5(33.33%)	7(46.67%)	
	Class1	17(56.67%)	8(53.33%)	9 (60%)	
Killip Class	Class2	8(26.67%)	5(33.33%)	3 (20%)	0.684
	Class3	5(16.67%)	2(13.33%)	3 (20%)	
GRACE Score	Mean ±SD Range	153.2±25.81 112 -194	151.8±26.29 112 -187	154.5±26.17 120-194	0.777
Myocardial blush grades	Grade0	12(40%)	4(26.67%)	5(33.33%)	
	Grade1	13(43.33%)	6 (40%)	7(46.67%)	
	Grade2	3 (10%)	3 (20%)	2(13.33%)	0.868
	Grade3	2 (6.67%)	2(13.33%)	1 (6.67%)	

TIMI:thrombolysis in myocardial infarction, LM: left main,LAD:left anterior descending artery,LCX:left circumflex artery ;RCA:right coronary artery\*:statistically significant as p value<0.05.

		Total (n=30)	Non SGLT2I group (n=15)	SGLT2I group (n=15)	P value
Baseline					
$\mathbf{EE}(0/0)$	Mean± SD	50.2±2.51	$50.1 \pm 2.66$	$50.3 \pm 2.44$	0.777
EF (%)	Range	47 - 55	47 - 55	47 - 55	0.777
Q wave		6 (20%)	2 (13.33%)	4 (26.67%)	0.361
WMCT	Mean± SD	$1.81\pm0.48$	$1.91\pm0.45$	$1.72\pm0.5$	0.292
WMSI	Range	1.1 - 2.5	1.1 - 2.4	1.1 - 2.5	0.292
M:4mal	Trivial	18 (60%)	7 (33.33%)	11 (26.67%)	
Mitral	Moderate	9 (30%)	5 (20%)	4 (0%)	0.135
regurgitation	Severe	3 (10%)	3 (0%)	0 (0%)	
		On he	ospital discharge		
	Mean± SD	52.5±3.07	$50.3 \pm 2.38$	$54.7 \pm 1.87$	.0.001*
EF (%)	Range	47 - 58	47 - 54	51 - 58	<0.001*
ST resolution		21 (70%)	8 (53.33%)	13 (86.67%)	0.046*
WACT	Mean± SD	1.46±0.35	$1.63 \pm 0.38$	$1.30 \pm 0.22$	0.007*
WMSI	Range	1 - 2.2	1.1 - 2.2	1 - 1.7	0.007*
Mitral regurgitation	Trivial	19 (46.67%)	7 (26.67%)	12 (66.67%)	
	Moderate	8 (23.33%)	6 (40%)	2 (6.67%)	0.020*
	Severe	3 (10.00%)	3 (20%)	0 (0%)	0.020*
	No	6 (20.00%)	2 (13.33%)	4 (26.67%)	

### Table7:Echocardiographic and ECG assessment of the studied groups

EF:ejection fraction, WMSI:regional wallmotion abnormalities, \*: statistically significantas p value<0.05.

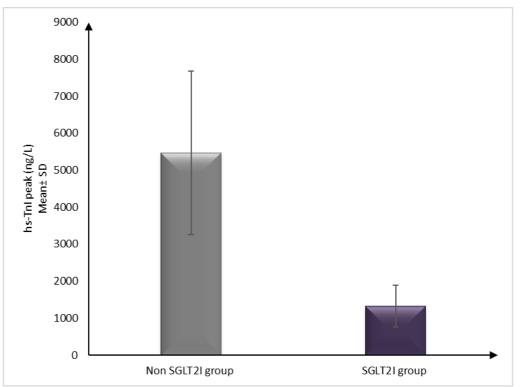


Figure 1: hs-TnI peak of the studied groups

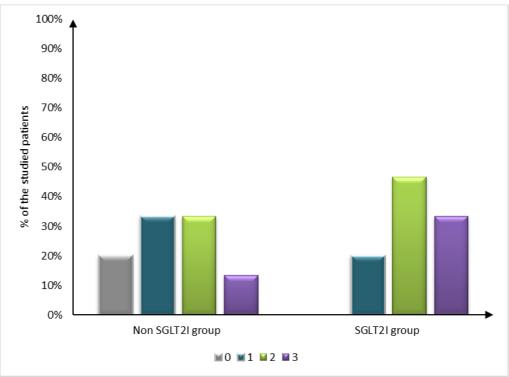


Figure 2: TIMI flow after PCI of the studied groups

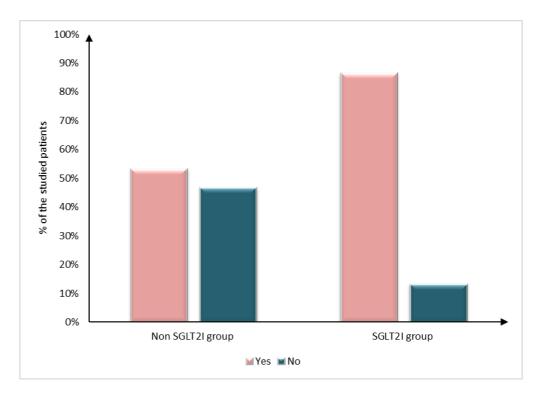


Figure 3: ST resolution on hospital discharge of the studied groups

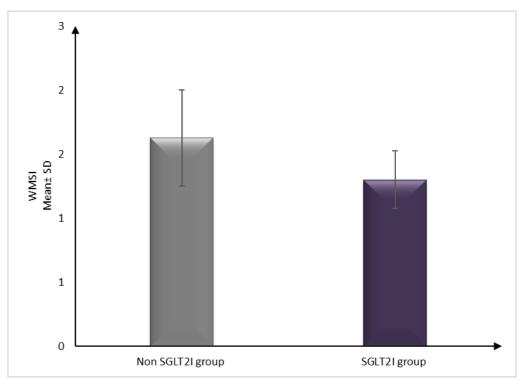


Figure 4: WMSI on hospital discharge of the studied groups

# **DISCUSSION:**

SGLT2 inhibitors are a new class of oral glucose-lowering medications that were initially developed to help people with type 2 diabetes manage their blood sugar levels. Their ability to reduce blood sugar is dependent on SGLT2 blockage in the kidney's first segment of the proximal convoluted tubule, which causes glucosuria [9].

SGLT2 inhibitors were found to be more effective than a placebo in four sizable cardiovascular outcome trials involving people with type 2 diabetes [10].

More so than metrics of left ventricular systolic performance, myocardial infarct size was directly associated with left ventricular remodeling and subsequent occurrences [11].

Our study provides that the long-term treatment with SGLT2I can decrease the infarct size in STEMI diabetic patients undergoing primary percutaneous coronary intervention.

SGLT2I group had significantly higher age and lower HR compared to non SGLT2Igroup (P=0.008). The other baseline characteristics (sex, weight, height, BMI, SBP, and DBP)were insignificantly different between both groups. The older age of patients in the SGLT2Igroup might initially suggest a higher baseline cardiovascular risk: however, the associated lower HR in the group could indicate improved same an cardiovascular response or a protective physiological effect induced by SGLT2I therapy. Lower HR is often associated with reduced cardiac workload and improved myocardial efficiency, which are beneficial inthe context of cardiovascular disease management, especially in patients with diabetes and increased cardiovascular risk.

Regarding the laboratory investigations, neutrophil, NLR, CRP, and triglycerides were significantly higher in non SGLT2I group compared to SGLT2I group(P<0.001,0.004,<0.001 respectively). Level of urea was significantly higher in SGLT2I group compared tononSGLT2Igroup (P=0.005).

The elevated inflammatory markers and triglycerides in the non-SGLT2I group may reflect an increased inflammatory and atherogenic state, which is associated with worse cardiovascular outcomes. Incontrast, the SGLT2I group showing lower levels of these markers indicates a potential mechanism through which SGLT2Is exert cardioprotective effects, likely by reducing systemic inflammation, improving lipid metabolism, and therebydecreasing cardiovascular risk. The increased urea levels in the SGLT2I group could be related to the hemodynamic changes induced by these drugs, such as increased diuresis and natriuresis, which might affect renal function parameters without necessarily indicating harm.

After 24 hours, lymphocytes count was significantly higher in SGLT2I group compared to non SGLT2I group (P=0.017). Neutrophil, NLR

and CRP were significantly higher in nonSGLT2I group compared to SGLT2I group (P=0.011, 0.005, <0.001 respectively). Other laboratory findings (Hb, PLT, WBCs, HbA1c and serum creatinine) were in significantly different between both groups.

Similarly, **Paolisso et al.** [12] conducted a study on results in diabetic individuals receiving PCI who have an acute myocardial infarction and are treated with SGLT2-Inhibitors. The patients were split into non-SGLT2-I users and SGLT-I users. They found that non-SGLT2-I users had a greater inflammatory burden at admission and 24 hours later than the SGLT2-I group.

Regarding cardiac biomarkers, hs-TnI levels (I hs-TnI, II hs-TnI, III hs-TnI and hs-TnI peak) were significantly higher in non SGLT2I group compared to SGLT2I group (P<0.05), with no significant difference between both groups regarding CK-MB.

This can be attributed to the effect of SGLT 2I on infarct size and limitation of progression of ischemia. Previous research has shown that the use of SGLT2 inhibitors during the early stages of AMI lowers the extent of the myocardial infarct by activating transcription factor 3 and down regulating inflammatory responses inside the infarcted myocardium [13]. Furthermore, SGLT2 inhibitors decrease oxidative stress in diabetic mice by lowering reactive oxygen species generation and nicotinamideadenine dinucleotide phosphate activity[14]. Additionally, it has been demonstrated that SGLT2 inhibitors decrease oxidative stress by raising endothelial nitric oxide synthase and nitric oxide production in porcine endothelial cells[15].

Regarding the angiography finding, TIMI flow after PCI was significantly higher in SGLT2I group compared to non SGLT2I group (P=0.029), with no significant difference between both groups regarding other angiography findings. The observation of superior TIMI flow in the SGLT2 inhibitor group compared to non-SGLT2I group post-PPCI in STEMI patients highlights SGLT2Is' potential to enhance myocardial reperfusion and protect against reperfusion injury, possibly due to their anti-inflammatory and antioxidative properties. This suggests a valuable role for SGLT2Is in improving cardiovascular outcomes in diabetic patients with acute myocardial infarction, warranting the increased incorporation into clinical practice and guidelines for comprehensive cardiovascular risk management.

On hospital discharge, ST resolution and EF were significantly higher in SGLT2I group compared to non SGLT2I group (P<0.001, 0.046). WMSI was significantly higher in non SGLT2I group compared to SGLT2I group  $(1.63 \pm 0.38)$  Vs.  $1.30\pm0.22$ , P=0.007 respectively). Mitral regurgitation was significantly different between both groups, being significantly improved in SGLT2I group compared tonon SGLT2I group (P=0.003). Baseline EF, WMSI and mitral regurgitation were insignificantly different between both groups.

Consistently, Paolisso et al. [12] reported the same findings as follows; the SGLT2-I group had a higher frequency of ST-segment resolution after PCI (p = 0.001). The two study groups' admission values for left ventricular volume, ejection fraction (LVEF), and regional wall motion abnormalities (RWMA) were comparable. After the revascularization, the LVEF increased considerably in both groups with significant defference between admission and discharge (p<0.001). On the other hand, SGLT2-I users had a substantially greater rise in EF than non-SGLT2-I users (p < 0.001). Furthermore, RWMA were considerably lower at discharge in the SGLT2-I users (81.1 % against 62.2 %, p = 0.003) in comparison to non-SGLT2-I (83.6 % versus 79.8 %, p = 0.133). SGLT2-I users had a decreased rate of discharge moderate-to-severe mitral regurgitation when compared to hospital admission.

limitation of There was some our study:small sample size with only 30 participants, the study's findings may not be widely generalizable to all diabetic patients with ST segment elevation myocardial infarction (STEMI) undergoing primary percutaneous coronary intervention(PCI).Conducting the study in only two departments within the same geographical region may limit the applicability of the findings to broader populations due to regional variations in patient demographics, healthcare practices, and access to care. Finally, the absence of a control group with non-diabetic STEMI patients undergoing primary PCI, it's challenging to isolate the effect of diabetes and SGLT2 inhibitors from the effects of STEMI and primary PCI in the observed outcomes.

# CONCLUSION:

Our study conclusively demonstrated that diabetic patients with STEMI undergoing PPCI and treated with SGLT2I exhibited significantly decreased the infract size and improved cardiovascular outcomes compared to those not on SGLT2I therapy.

Further research is needed to better elucidate the mechanistic pathways by which SGLT-2 inhibitors may protect the heart. MRI is also needed to assess infarction size. **Conflict of Interest:** No conflict of interest to disclose.

Financial Disclosures: No financial interests to disclose.

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