

THE ANALGESIC EFFECT OF PREGABALIN, A COMPARATIVE STUDY WITH MORPHINE

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ABSTRACT

Objectives: this study was designed to assess and compare the effects of pregabalin and morphine on acute thermal pain and on nerve injury associated pain (chronic neuropathic pain).

Methods: 72 male albino rats were divided into two major groups: group I (acute pain group) 30 rats divided into 5 equal subgroups (1) control, (2) pregabalin 30 mg/kg, (3) morphine 0.5 mg/kg, (4) pregabalin 60 mg/kg, (5) morphine 1 mg/kg, and group II (chronic pain group) 42 rats were divided into 7 equal subgroups (1) sham operated, (2) control normal, (3) control postoperative, (4) pregabalin 30 mg/kg, (5) morphine 0.5 mg/kg, (6) pregabalin 60 mg/kg, (7) morphine 1 mg/kg. For acute pain the reaction times, which indicate the tolerability of the animals to acute thermal pain, was measured using analgesia meter. However chronic neuropathic pain was induced in experimental animals by unilateral ligation of the sciatic nerve in the thigh.

Results: The result of the present study revealed that neither 30 nor 60 mg/kg pregabalin produced any significant effects on the tolerability of rats to acute thermal pain. On the other hand, pregabalin (30 and 60 mg/kg) markedly reversed allodynia and hyperalgesia in rats subjected to sciatic nerve ligation. The effect of pregabalin 30 mg/kg was noticed after 60 minutes and persist for 90 minutes but the higher dose (60 mg/kg) produced analgesic effect all over the experiment. On the other hand morphine 0.5 and 1 mg/kg significantly increased the tolerability of normal and sciatic nerve ligated rats to thermal nociception. The analgesic effect of morphine was more significant than that of pregabalin all over the experiments.

Conclusion: in contradiction to morphine, pregabalin was not effective for treatment of acute pain. Both pregabalin and morphine produced significant analgesic effect in neuropathic pain. The effect of morphine was more significant than that of pregabalin.

Key words: Pregabalin, chronic neuropathic pain, morphine, sciatic nerve ligation.

INTRODUCTION

The development of newer classes of antiepileptic drugs has created several opportunities for the treatment of epilepsy as well as pain especially the neuropathic pain. These drugs modulate pain transmission by interacting with specific neurotransmitters and ion channels [1].

Pregabalin is a recent antiepileptic drug that shows efficacy in treatment of partial seizures with or without secondary generalization [2], diabetic neuropathy & Cancer pain with bone metastasis [3], Post-operative pain [4], Post-herpetic neuralgia [5], Fibromyalgia and irritable bowel syndrome [6].

Pregabalin appears to exert its effect through enhancement of gamma-aminobutyric acid (GABA) mediated transmission or react with ion-channels in neurons. Pregabalin binds to the $\alpha_2\delta$ (alpha2delta) subunit of the voltage-dependent calcium channel in the central nervous system. This reduces calcium influx into the nerve terminals [2].

This study was aimed to assess and compare the effects of the antiepileptic drug pregabalin and the traditional analgesic morphine on acute pain in normal rats and on chronic

neuropathic pain in rats subjected to sciatic nerve ligation.

MATERIALS AND METHODS

Drugs and chemicals: Pregabalin (Lyrica), capsules, 150 mg {Pfizer co., Egypt}, Morphine (morphine sulfate), ampoules, 20 mg/ 1ml {Misr co., Egypt}, Thiopental (Sodium thiopental), Vials: 500 mg {EIPICO, Egypt}. All the above drugs were dissolved in distilled water just before administration. Morphine and thiopental were given by intraperitoneal injection while pregabalin was given orally.

Animals: A total number of 72 adult male albino rats weighing 200-250 gm were used in this study. They were maintained in cages with free access to food and water and kept on a 12-h light/dark schedule.

Experimental protocol; Rats in this work were divided into two main independent groups as follows:

The first group was conducted to study the effect of pregabalin and morphine on acute thermal nociception (30 rats):

Rats in this group were divided randomly into 5 equal subgroups (6 rats each): group 1 (**control group**): Received distilled water, group 2 Received pregabalin 30 mg/kg, group 3 Received morphine 0.5 mg/kg, group 4 Received pregabalin 60 mg/kg

and group 5 Received morphine 1mg/kg. For each group the reaction time was measured after 30, 60 and 90 min. of drug administration.

The second group was conducted to study the effect of pregabalin and morphine on chronic neuropathic pain induced in rats by sciatic nerve ligation (42 rats):

Neuropathic pain was induced in experimental animals by unilateral ligation of the sciatic nerve in the thigh under general anesthesia with 40 mg/kg thiopental **Barnes and Eltherington** [7]. The right sciatic nerve is exposed and isolated at the mid thigh and one third to one half of the nerve is ligated tightly with 5-0 silk suture. Within few hours after the operation and for several months thereafter, the rats develop a guarding behavior of the ipsilateral hind paw and lick it. The cause of this behavior is development of hyperalgesia. The plantar surface of the foot became highly sensitive to non-noxious and noxious stimuli and a sharp decrease in the reaction time measured by analgesia meter in response to thermal stimulation is noticed **Seltzer et al.**, [8].

Rats in this group were divided randomly into 7 equal subgroups (6 rats each): group1 (Sham operated): They were subjected to sham operation and administered distilled water orally. Group2 (control normal): received distilled water orally and not subjected to any surgical intervention. Group3 (Control postoperative): subjected to sciatic nerve ligation and left in standard environment for two weeks then received distilled water orally. Animals of group 4, 5,6,7 were also subjected to sciatic nerve ligation and

left in standard environment for two weeks then received the tested drug as follows: group4 received pregabalin 30mg/kg, group5 received morphine 0.5 mg/kg, group6 received pregabalin 60 mg/kg and group7 morphine 1mg/kg.

The above doses are equivalent to the human therapeutic doses according to **Paget and Barnes table**, [9]. In all groups the reaction times were measured 30, 60 and 90 minutes after drug administration.

STATISTICAL ANALYSIS

The obtained data were tabulated as means \pm standard errors. Comparison between different groups were made using one way analysis of variances (one-way ANOVA) followed by post-hoc (least significant difference LSD) test. The differences were considered to be significant when $p < 0.05$. Statistical Package of Social Sciences (SPSS) computer software (version 10) was used to carry out the statistical analysis **Swinscow**, [10].

RESULTS

Effect of pregabalin (PGB) (30 mg/kg oral) and morphine (0.5 mg/kg intraperitoneal) on the reaction time in rats subjected to acute pain (table 1).

The results showed that the mean values of the reaction time in pregabalin treated group at 30, 60 and 90 minutes were insignificantly different in relation to each other and in relation to the results of the control group.

The values of the reaction time in the morphine treated group were significantly higher than those of the control and pregabalin treated groups.

Table (1): *Effect of pregabalin (30 mg/kg oral) and morphine sulfate (0.5 mg/kg intraperitoneal) on reaction time in rats subjected to acute pain*

Time	Group (N = 6)	Control	Pregabalin treated	Morphine treated
At 30 minutes		6.77 \pm 0.37 A	7.39 \pm 0.23 A	12.39 \pm 0.30 B
At 60 minutes		6.98 \pm 0.47 A	7.00 \pm 0.34 A	12.00 \pm 0.32 B
At 90 minutes		7.12 \pm 0.46 A	6.20 \pm 0.29 A	9.98 \pm 0.30 C

- All values are means of the reaction time in seconds \pm standard errors.
- Values with common subscript capital letters are insignificant with each other.
- N = the number of animals in each group.

Effect of pregabalin (60 mg/kg oral) and morphine (1 mg/kg intraperitoneal) on the

reaction time in rats subjected to acute pain (table 2).

Statistical analysis revealed that the results of pregabalin and control groups were insignificantly different in relation to each other

and were significantly reduced in relation to the corresponding results of morphine treated group.

Table (2): Effect of pregabalin (60 mg/kg oral) and morphine (1 mg/kg intraperitoneal) on the reaction time in rats subjected to acute pain.

Time	Group (N = 6)	Control	Pregabalin treated	Morphine treated
At 30 minutes		6.77 ± 0.37 A	7.06 ± 0.44 A	12.77 ± 0.25 B
At 60 minutes		6.98 ± 0.47 A	7.15 ± 0.13 A	13.01 ± 0.43 B
At 90 minutes		7.12 ± 0.46 A	7.00 ± 0.18 A	12.49 ± 0.41 B

- All values are means of the reaction time in seconds ± standard errors.
- Values with common subscript capital letters are insignificant with each other
- N = the number of animals in each group.

Effect of pregabalin (30 mg/kg oral) and morphine (0.5 mg/kg intraperitoneal) on chronic neuropathic pain induced in rats by sciatic nerve ligation. (table 3 & 4).

The values of reaction time in the control and the sham operated groups were insignificantly different.

The results of the control postoperative group were significantly reduced in relation to those of the control normal group

The values in the pregabalin and the control postoperative groups at 60 and 90 minutes only were significantly increased. As compared to morphine group, there was a significant decrease in the values of pregabalin group at 30 and 60 minutes.

Table (3): Reaction time changes in sham operated rats

Time	Group (N=6)	Control normal	Sham operated
At 30 Minutes		6.77±0.37 A	6.76 ± 0.09 A
At 60 Minutes		6.98±0.47 A	7.06 ± 0.20 A
At 90 Minutes		7.12±0.46 A	7.13 ± 0.19 A

- All values are means of the reaction time in seconds ± standard errors.
- Values with common subscript capital letters are insignificant with each other.
- N = the number of animals in each group.

Table (4): Effect of pregabalin (30 mg/kg oral) and morphine (0.5 mg/kg intraperitoneal) on chronic neuropathic pain.

Time	Group (N=6)	Control normal	Control postoperative	Pregabalin treated	Morphine treated
At 30 minutes		6.77 ± 0.37 A	2.92 ± 0.14 B	3.33 ± 0.23 B	8.95 ± 0.02 C
At 60 minutes		6.98 ± 0.47 A	3.01 ± 0.17 B	6.68 ± 0.30 A	9.03 ± 0.15 C
At 90 minutes		7.12 ± 0.46 A	3.20 ± 0.15 B	6.58 ± 0.24 A	6.08 ± 0.12 A

- All values are means of the reaction time in seconds \pm standard errors.
- Values without common subscript capital letters are significantly different in relation to each other.
- N = the number of animals in each group.

Effect of pregabalin (60 mg/kg oral) and morphine (1 mg/kg) on chronic neuropathic pain (table 5).

The values of the reaction time of pregabalin treated group were significantly

increased as compared with the control postoperative group and were significantly less than those of the morphine group at 30, 60, and 90 minutes.

Table (5): Effect of pregabalin (60 mg/kg oral) and morphine (1 mg/kg intraperitoneal) on chronic neuropathic pain.

Group (N=6) \ Time	Control normal	Control postoperative	Pregabalin treated	Morphine treated
At 30 minutes	6.77 \pm 0.37 A	2.92 \pm 0.14 B	10.23 \pm 0.06 C	16.77 \pm 0.05 D
At 60 minutes	6.98 \pm 0.47 A	3.01 \pm 0.17 B	10.05 \pm 0.12 C	13.98 \pm 0.19 E
At 90 minutes	7.12 \pm 0.46 A	3.20 \pm 0.15 B	7.03 \pm 0.07 A	10.21 \pm 0.10 C

- All values are means of the reaction time in seconds \pm standard errors.
- Values without common subscript capital letters are significantly different in relation to each other.
- N = the number of animals in each group.

DISCUSSION

The result of the present study revealed that neither 30 nor 60 mg/kg pregabalin produced any significant effects on the tolerability of rats to acute thermal nociception all over the experiment. On the other hand, pregabalin (30 and 60 mg/kg) markedly reversed allodynia and hyperalgesia in rats subjected to sciatic nerve ligation. The effect of pregabalin 30 mg/kg was noticed after 60 minutes and persist for 90 minutes but the higher dose (60 mg/kg) produced analgesic effect all over the experiment.

Our finding also revealed that morphine produced a significant increase in the paw withdrawal latency in both normal and sciatic nerve ligated rats. The analgesic effect of morphine was more significant than that of pregabalin.

The results of the present study are in agreement with **Meymandi and Keyhanfar**^[11] who stated that pregabalin as like as gabapentin did not hold antinociceptive effect in transient models of pain such as tail-flick and hot-plate test, and that the analgesic effects of pregabalin depend on presence of nerve lesion.

Pregabalin was shown to be effective in several models of neuropathic pain. Pregabalin

effectively blocked the development and the maintenance of thermal hyperalgesia and/or mechanical allodynia caused by intrathecal injection of Substance P or *N*-methyl-D-aspartate (NMDA) **Partridge et al.**^[12]. Moreover pregabalin suppressed tactile allodynia in rats subjected to ischemic nerve injury **Wallin et al.**^[13], reduced thermal and mechanical hypersensitivity in a murine chronic pain model (Seltzer model) based on partial ligation of the sciatic nerve **Takeuchi et al.**^[14], and suppressed hyperalgesia in rats induced by spinal nerve ligation **Field et al.**^[15].

Pregabalin administered into the spinal cord attenuates nociceptive behaviors in an acute arthritis model in rats and also reduces nociceptive behaviors during the tonic phase of the formalin test **Lu and Westlund**^[16], which is thought to reflect central sensitization **Coderre et al.**^[17]. Similarly, pregabalin blocks the maintenance of carrageenan-induced sensitization of dorsal horns in the joint acute arthritis model **Houghton et al.**^[18].

Our findings are supported by the findings of **field et al.**^[19] who found that *S-(+)-3-isobutylgaba* (1–100 mg/kg) and gabapentin (10–300 mg/kg) dose-dependently inhibited the late

phase of the nociceptive response in formalin test. The authors also found that the effect of both drugs was insensitive to naloxone (0.1–10.0 mg/kg, s.c.). On the other hand, the R(-)-enantiomer of 3-isobutylgaba (1–100 mg/kg) produced a modest inhibition of the late phase at the highest dose of 100 mg/kg. However, none of the compounds showed any effect during the early phase of the response.

Our results are also in agreement with the results of **Han et al.**^[20] who demonstrated that pregabalin has marked anti-allodynic effect on tactile and cold allodynia using von Frey filament and acetone drop testing in rat models of sympathetically maintained and sympathetic independent neuropathic pain.

Inhibition of excitatory amino acid release from primary afferents by pregabalin binding at calcium channel $\alpha_2\delta$ subunits could result in reduced availability of glutamate at the NMDA, AMPA and metabotropic receptors **Field et al.**^[21]. It has previously been shown that gabapentin binds with high affinity to the $\alpha_2\delta$ subunit of a voltage-dependent calcium channel **Gee et al.**^[22].

Some studies suggest that the physiological role of the $\alpha_2\delta$ subunit is to increase the functional expression of calcium channel complexes **Gurnett et al.**^[23]. The $\alpha_2\delta$ subunit appears to be common to all voltage-dependent calcium channels **Hofmann et al.**^[24]. Therefore, it is conceivable that the antihyperalgesic actions of gabapentin and (S)-(+)-3-isobutylgaba involve more than one type of calcium channel.

Recently it is demonstrated that pregabalin binds with high affinity to the $\alpha_2\delta$ type 1 and 2 subunits of calcium channels **Taylor,**^[25] and inhibits calcium influx through presynaptic voltage-gated calcium channels **Li,**^[26]. The inhibition of calcium influx reduces potassium-evoked excitatory transmitter release, thereby decreasing postsynaptic excitability. Experimental studies have revealed that the binding of pregabalin to the $\alpha_2\delta$ auxiliary subunits of the calcium channels is necessary for its analgesic effects **Taylor,**^[25]. The antiallodynic effect of pregabalin was found to be correlated with the upregulation of $\alpha_2\delta$ subunits of voltage-dependent calcium channels in the spinal cord and/or dorsal root ganglia **Luo et al.**^[27]. Pregabalin impairs anterograde trafficking of the $\alpha_2\delta$ -1 subunit, resulting in its decrease in presynaptic terminals, which reduces neurotransmitter release and spinal sensitization in rats with unilateral lumbar spinal nerve ligation **Bauer et al.**^[28].

Pregabalin attenuates enhanced neuronal responses to peripheral somatic inputs following nerve injury but, in contradiction to our results, it shows analgesic efficacy in acute colorectal distension models of visceral pain **Million et al.**^[29]. The analgesic actions of pregabalin in neuropathy are proposed to be state-dependent and rely on up-regulation of the $\alpha_2\delta$ -1 subunit of voltage gated calcium channels **Bauer et al.**^[28]. The anti neuropathic pain drug pregabalin is thought to have state-dependent effects in attenuating neuropathic, but not acute somatic pain. Differential brainstem processing of noxious somatic and visceral stimuli may underlie the unique lack of state-dependent actions of pregabalin in visceral pain models.

A clinical trial with irritable bowel syndrome patients suffering from rectal hypersensitivity showed that pregabalin increased the distension sensory thresholds to normal levels **Houghton et al.**^[30]. This is supported by the recent work of **Meymandi and Keyhanfar**^[2] who stated that pregabalin had five times the potency of gabapentin and 1/85th the potency of morphine in animal models of visceral pain. Pregabalin reduces spinal and brainstem activity, and its analgesic actions are not dependent on pathology in visceral pain. A common effect of pregabalin in visceral and somatic pain states entails a reduction in central nociceptive hyperexcitability. This could also underlie the analgesic efficacy of pregabalin in other pain states that develop in lack of any clear peripheral insult, such as irritable bowel syndrome and fibromyalgia **Sikandar and Dickenson**^[6].

Our findings are also supported by the work of **Eutamene et al.**^[31] who studied the antinociceptive effect of pregabalin on delayed visceral hyperalgesia induced in rats by i.p. lipopolysaccharide administration. Lipopolysaccharide leads to a delayed lowering threshold of abdominal contractions in response to rectal distension in awake rats. Pregabalin, when administered 2 h before rectal distension had potent antihyperalgesic effects on rectal allodynia. Moreover the visceral antiallodynic effect of pregabalin is not mediated by an opiate or a GABAergic mechanism.

Our findings are also in agreement with the work of **D'Mello and Dickenson**^[32] who stated that pregabalin is a starting option in the treatment of many neuropathic pain conditions where the enhanced response of the spinal cord and brain, referred to as central sensitization,

develops following sufficient peripheral afferent barrage into the central nervous system.

The use of pregabalin, in acute postoperative pain management, has been evaluated in some studies. In the first trial, a dose of 300 mg pregabalin administered after dental operation was more effective in attenuating pain than placebo. It also had a longer duration of analgesia than ibuprofen **Stahl**,^[33]

In 2007 **Tippana et al.**^[34] analyzed 22 randomized, controlled trials examining the analgesic efficacy, adverse effects, and clinical value of gabapentinoids (pregabalin and gabapentin) in postoperative pain. They concluded that gabapentinoids effectively reduce postoperative pain, opioid consumption, and opioid-related side effects after surgery. Moreover at 2008; **Jokela et al.**^[35] observed that preoperative administration of 300 mg pregabalin, followed by the same dose after 12 hours in patients undergoing laparoscopic hysterectomy decreases oxycodone consumption.

In a more recent study, **Buvanendran et al.**^[4] investigated the effect of perioperative pregabalin in reducing chronic pain after total knee arthroplasty. They administered pregabalin 300 mg before surgery and continued it for 14 days (50-150 mg twice daily). They observed that perioperative pregabalin administration reduces the incidence of chronic neuropathic pain after total knee arthroplasty, with less opioid consumption and better range of motion during the first 30 days of rehabilitation.

At variance with these observations, **Paech et al.**^[36] reported that a single preoperative dose of 100 mg pregabalin was ineffective in reducing acute postoperative pain or improving recovery after minor surgery involving only the uterus. This could possibly be attributed to a single small dose (100 mg) as against the recommended 150 mg/day.

Our results are also in agreement with the recent clinical trials of **Schneider et al.**^[3] who demonstrated that pregabalin is effective in neuropathic cancer pain with bone metastasis. The authors stated that, if bone metastases resulted in compression of neural tissue (neuropathic cancer pain), coanalgesics, such as pregabalin and gabapentin should be prescribed, titrated and controlled according to their benefit or side effects.

Pregabalin is a safe and effective analgesic for neuropathic pain that allows relatively fast dose adjustments and also provides anxiolytic action **Gaertner and Voltz**^[37].

Also our findings are consistent with the work of **Mishra et al.**^[38] who conducted a prospective randomized double-blind placebo-controlled study to compare the efficacy of amitriptyline, gabapentin, and pregabalin in neuropathic cancer pain. The author demonstrated that all the tested drugs were effective in treating neuropathic cancer pain. Moreover there was statistically and clinically significant morphine sparing effect of pregabalin as compared to other drugs.

Our results are also consistent with the recent study of **Sarakatsianou et al.**^[39] who demonstrated that administration of 600 mg pregabalin per os, divided in two preoperative doses, significantly reduces postoperative pain as well as opioid consumption in patients undergoing laparoscopic cholecystectomy.

Many studies demonstrated that gabapentinoids are also effective for treatment of post herpetic neuralgia **Gan et al.**^[5].

The results of the present study are in contradiction to the work of **Kim et al.**^[40] who tested the effect of morphine, pregabalin, celecoxib and ketorolac on neuropathic pain induced in rats by removal of nucleus pulposus from the lumbar discs (L4/L5 and L5/L6). The authors demonstrated that morphine (6.7 mg/kg) resulted in effective pain relief. However, pregabalin (20 mg/kg), celecoxib (50 mg/kg) and ketorolac (20 mg/kg) did not have significant antihyperalgesic effects in disk injury animal model. This may be attributed to the difference in tested doses as we used higher dose in our study.

Our findings are also in contradiction to the findings of **Meymandi and Keyhanfar**^[11] who studied the antinociceptive effect of intraperitoneal administration of pregabalin (1 to 400 mg/kg) and tramadol (10 to 80 mg/kg) or combination of them. The effects were measured after 30 and 60 min on hot-plate in terms of maximum possible effect in mice. The authors demonstrated that pregabalin revealed antinociceptive effect in acute model of pain and its effect was similar to the effect of tramadol. Also **Jarogniew**^[41] studied the effect of pregabalin on hot plate test in mice. The author demonstrated that pregabalin produced antinociceptive effects in a dose dependent manner using the acute thermal pain model (hot-plate test) in mice.

Conclusion: Pregabalin was not effective for treatment of acute thermal pain. Pregabalin was significantly effective in treatment of chronic

neuropathic pain. Morphine was effective in treatment of both types of pain. The analgesic effect of morphine was more significant than that of pregabalin.

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