

EVALUATION OF HYPERMETHYLATION OF RAS ASSOCIATION DOMAIN FAMILY-1 A AND GLUTATHIONE S-TRANSFERASE PROTEIN-1 GENES AS DIAGNOSTIC MARKER FOR HEPATOCELLULAR CARCINOMA

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ABSTRACT

Background and study aims: The molecular pathogenesis of HCC involves well-defined genetic and epigenetic alterations. The Ras association domain family 1A (*RASSF1A*) and the Glutathione S-transferase P 1 (*GSTP1*) genes are two tumour suppressor genes that are reported to be silenced by CpG island promoter hypermethylation which is a key to the tumorigenic process in HCC. The aim of this study was to analyze the methylation frequency of *RASSF1A* and *GSTP1* genes in early stages of HCC, chronic hepatitis C and healthy subjects to evaluate its value as a diagnostic marker for early HCC. **Patients and methods:** Methylation-specific polymerase chain reaction (MSP) was used to detect *RASSF1A* and *GSTP1* promoter methylation in DNA extracted from plasma samples of 25 patients with HCC, 25 patients with chronic hepatitis C and 25 healthy controls. Assessment of alpha fetoprotein (AFP) was performed in all groups by ELISA using commercially available kits. **Results:** Methylated *RASSF1A* was detected in 76 % of the HCC group (19/25), in 20% of the chronic hepatitis C patients (5/25) and in 16% of the healthy controls (4/25). The methylation frequencies were significantly higher in patients with HCC compared to the controls ($P \leq 0.001$) and chronic hepatitis C patients ($P \leq 0.001$). While methylated *GSTP1* was detected in 44% of the HCC group (11/25), in 12% of the chronic hepatitis C group (3/25) and in 8% of the controls (2/25). Although the sensitivity and specificity, for each gene as an epigenetic biomarker was moderate (76% and 44% for *RASSF1A* and *GSTP1* respectively), the combination analysis of both genes resulted in an increased sensitivity and specificity to 88%, and 76% respectively) in discriminating HCC from normal control and chronic hepatitis C patients. As regard AFP, Receiver operating characteristic curves were plotted and showed an optimal cutoff value of 9.5 ng/ml with sensitivity of 88 % and specificity of 58% when the area under the receiver operator characteristic (AUROC) curve was 0.87 with 95% Confidence Interval. **Conclusion:** The epigenetic changes observed in this study indicate that examination of methylation status of *RASSF1A* and *GSTP1* could be of value for early diagnosis of HCC especially when using a combination of more than one epigenetic marker.

INTRODUCTION

Hepatocellular carcinoma (HCC) is the fifth most common and the third most fatal malignancy worldwide (1). While the incidence of many cancers is declining, HCC incidence continues on the upward trajectory over the last three decades in many countries. Over 80% of hepatocellular carcinoma cases are attributable to four major causes: infection with hepatitis C (HCV) or B (HBV) viruses, chronic alcohol consumption, and/or exposure to aflatoxin B1 (2). It is widely believed that the continuous epidemic of HCV largely accounts for the observed increase in HCC incidence (3). It has been stated that Egypt has the highest prevalence of hepatitis C worldwide and the epidemic will soon peak (4).

Although the prognosis of patients with HCC has marginally improved over the last few decades, the 5-year survival rate remains poor as a result of late diagnosis. The majority of patients with advanced HCC do not survive for longer than 6 months from the time of diagnosis (5). Late presentation remains an important obstacle to successful treatment (6). Thus, early diagnosis of HCC represents the best opportunity for reduction of the worldwide burden of this disease on the

human population (7). In this regard, biomarkers have been developed for early HCC detection (8).

Alpha-Fetoprotein (AFP) has been a classic blood tumor marker in HCCs for a long period, but both false-positive and false-negative results occur; markers with high sensitivity and specificity should be developed (9).

It is well known that many types of tumours shed cells and cellular material (including DNA) into the blood. Therefore, several strategies have been used for the detection of occult cancers using DNA from blood (10).

The molecular pathogenesis of HCC involves well-defined genetic and epigenetic alterations (2). A few number of genetic lesions have been identified in the molecular mechanisms of hepatocarcinogenesis such as *p53* and *Rb* alterations. Hypermethylation of Glutathione S-transferase p1 gene (*GSTP1*), which codes for an enzyme that plays roles in detoxication and carcinogenesis; and Ras association domain family 1 A (*RASSF1A*) gene which blocks cell cycle, have been proved in HCC (11). The inactivation of *RASSF1A* and *GSTP1* promoters by methylation was detected in the plasma DNA as well as in the tissue DNA of HCC patients (12).

The aim of this study was to analyze the methylation frequency of *RASSF1A* and *GSTP1* genes in plasma DNA in early stages of HCC, chronic hepatitis C liver disease and healthy subjects to evaluate its value as a diagnostic marker for early HCC.

MATERIALS AND METHODS

Patients and Control Subjects.

This study included a total of 75 plasma samples. Twenty five of them were obtained from patients with early stages of hepatocellular carcinoma (nineteen males and six females with mean age 54.7 ± 6.8 years). Twenty five from chronic hepatitis C virus patients (thirteen males and twelve females with mean age 51.3 ± 8.2). Twenty five age and sex matched healthy volunteers were included as control group (Seventeen males and eight females with mean age 44.2 ± 1.1 years). The patients were selected from outpatient clinics of Mansoura University Hospitals between September 2013 and October 2014.

Diagnosis of cases of HCC was based on the revised version of the Barcelona-Clinic Liver Cancer (BCLC) system, released by the American Association for the Society of Liver Diseases (AASLD) (13).

A total of 5ml blood samples were collected in both EDTA tubes (for plasma) and EDTA-free tubes (for serum). The plasma samples were centrifuged at 2000 rpm (5 minutes), and plasma was carefully transferred into 2 ml microtubes. Samples were centrifuged in a microcentrifuge at 5070 rpm (10 minutes). All samples were processed within two hours after collection. Centrifugation steps were performed at 4°C and supernatants were stored at -80°C until analysis was performed.

The sera tubes were coagulated during approximately 1h, after which the serum were separated and stored for Estimation of the level of the hepatic tumour marker AFP : by ELISA .

DNA Extraction from Plasma Samples.

Circulating cell free DNA was isolated from 1 ml plasma using QIAamp MinElute Virus Spin Kit (QIAGEN Catalog no. 57704) according to *Sambrook and Russell*, (14) and eluted in 50µL sterile water following the manufacturers' protocol. The concentration of isolated DNA was determined spectrophotometrically using NanoPhotometer® P-Class (Implen, Germany) according to *Sambrook et al.*, (15).

Bisulfite Conversion of DNA.

Bisulfite modification and MSP were conducted based on the principle that bisulfite treatment of DNA converts unmethylated cytosine residues into uracil, whereas methylated cytosine residues would remain unmodified (16). Thus, after bisulfite conversion, methylated and unmethylated DNA sequences would be distinguishable by sequence-specific primers. Bisulfite treatment was conducted using the EpiTect Bisulfite Kit (QIAGEN Catalog no. 59104) (17).

Methylation-specific PCR (MSP):

MSP reaction was performed according to method by (16) using The EpiTect MSP Kit (2X) provided by QIAGEN, (cat No. 59305).

Bisulfite-modified DNA was amplified using primers specific for the methylated *RASSF1A* or *GSTP1* sequence. Gene-specific primers were purchased from *Oligo, Macrogen*. Primer sets for the PCR amplification genes were selected based on published sequences (table 1).

Table 1: Sequence of all primers used in the experiment .

Gene	Primer sequence (5'-3')	Product size (bp)	Anneal-ing temp. (°C)	Reference s
RASSF1A Methylated	F: 5'-GTGTTAACGCGTTGCGTTGCGT ATC- 3' R: 5'-ACCCCGCGAACTAAAAACGA- 3'	93	60	(18)
RASSF1A Unmethylated	F: 5'-TTTGGTTGGAGTGTGTTAATGT G- 3' R: 5'-CAAACCCACAAACTAAAAAC AA- 3'	105	60	(18)
GSTP1 Methylated	F: 5'-TTCGGGGTGTAGCGGTCGTC- 3' R: 5'-GCCCAATACTAAATCACGACG - 3'	91	59	(19)
GSTP1 Unmethylated	F: 5'-GATGTTTGGGGTGTAGTGGTTG TT- 3' R: 5'-CCACCCCAATACTAAATCACAA CA- 3'	97	59	(19)

Control reactions were performed to ensure that the PCR primers are specific for the detection of methylated or unmethylated DNA. EpiTect Control DNA (Methylated and bisulfite converted human control DNA) from QIAGEN (cat.no 59655) was used as positive control. Genomic DNA extracted from blood lymphocytes was used as negative control.

The thermal cycler (Minicycler PTC- 150) was previously programmed according to cycling conditions outlined below: **Initial activation step:** 10 minutes at 95°C, **3-step cycling (50 cycles):** (Denaturation: 1 minute at 94°C, Annealing: 30seconds at 60 °C, and Extension: 1 minute at 72 °C) and **Final extension:** 10 minute at 72°C.

Agarose Gel Electrophoresis of the MSP Products: (20).

PCR products were loaded into 3% agarose gels and stained with ethidium bromide. Samples were scored as methylated when there was a clearly visible band on the gel with the methylated primers. Methylated RASSF1A produced a single 93 bp product, while Unmethylated RASSF1A produced a single 105 bp product.

Methylated GSTP1 produced a single 91 bp product, while Unmethylated GSTP1 produced a single 97 bp product.

Statistical Analyses.

For Descriptive statistics : mean (M),and standard deviation (SD) were calculated. The difference of DNA methylation status between different groups was analyzed using chi-square or Fisher Exact tests. For calculation of sensitivity and specificity of AFP, the Receiver operating characteristic curves were plotted and optimal cutoff value was defined. Association between gene promoter methylation and AFP levels was determined using Mann-Whitney test. P values <0.05 were considered statistically significant.

RESULTS

Comparison of the RASSF1A gene methylation status in plasma DNA from hepatocellular carcinoma , chronic hepatitis C patients and healthy controls :

The promoter methylation status of RASSF1A of DNA isolated from plasma was assayed by methylation-specific PCR(MSP)(figure1and 2). The methylation frequency of RASSF1A showed significant difference between the hepatocellular

carcinoma group and both chronic hepatitis C group and the healthy controls ($P \leq 0.001$). There was no significant difference between chronic hepatitis C patients and healthy controls as regard methylation frequency ($P = 1$), where

in the 25 plasma samples from HCC cases, 19 (76%) were positive for methylation of *RASSF1A* , Five (20%) of the 25 chronic hepatitis C cases had methylation of *RASSF1A*, and four (16%) of the 25 healthy controls (table 2).

Table 2: Methylation frequency for *RASSF1A* in HCC , chronic hepatitis C patients and healthy controls.

Gene	HCCs (n= 25)	Chronic hepatitis C patients (n= 25)	healthy controls (n= 25)	Test of significance
Methylated <i>RASSF1A</i> : NO (%)	19 (76)	5 (20)	4(16)	$\chi^2 = 24.1$, $P \leq 0.001$
Group comparison	HCC vs. CHC : $\chi^2 = 15.7$, $P \leq 0.001$ HCC vs. healthy group $\chi^2 = 18.1$, $P \leq 0.001$ Healthy group vs. CHC Fisher exact test $P = 1$			

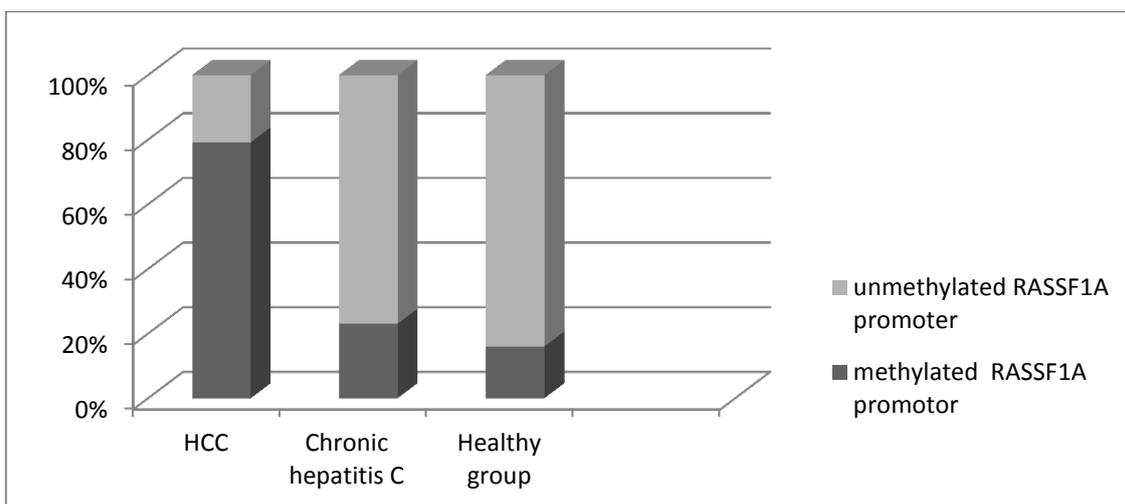


Figure (1): Representation of the promoter methylation status of *RASSF1A* in plasma DNA showing significant difference in methylation level between the hepatocellular carcinoma group and both chronic hepatitis C group and the healthy controls.

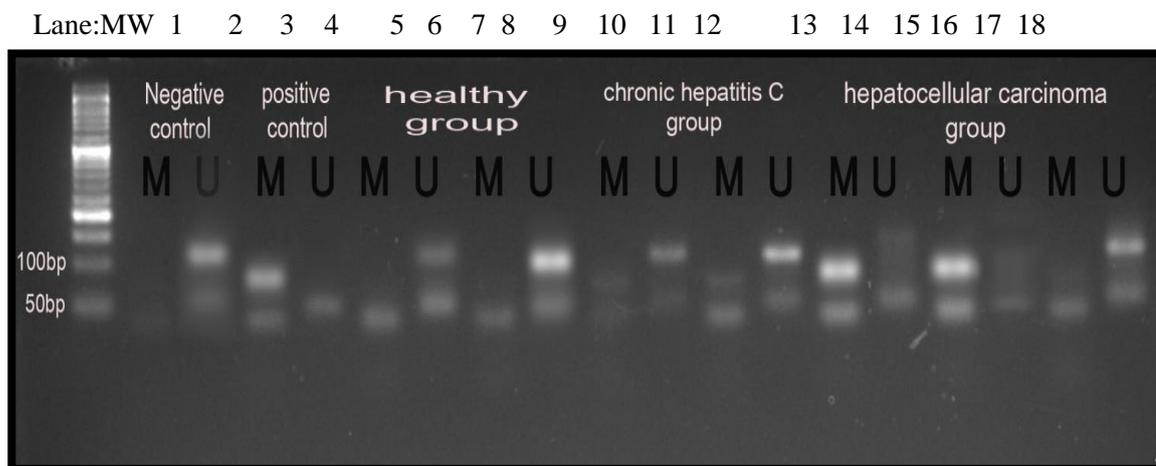


Figure (2) : Gel electrophoresis showing methylation analysis of *RASSF1A* in plasma DNA .

MW: molecular weight marker (50 bp ladder). **Lanes 1,2:** Normal human lymphocytes

DNA used as negative control. **Lanes 3,4:** The Methylated and bisulfite converted human control

DNA (from QIAGEN cat.no 59655) applied as a positive control. **Lanes 5,6,7,8:** Two cases of the healthy control group. **Lanes 9,10,11,12:** Two cases of the chronic hepatitis C group. **Lanes 13,14,15,16,17,18:** Three cases of the HCC group. (Lanes designated M: amplified products with *RASSF1A* -methylated primer 1; lanes designated U, amplified products with *RASSF1A* unmethylated primer.

Comparison of the *GSTP1* gene methylation status in plasma DNA from hepatocellular carcinoma, chronic hepatitis C patients and healthy controls.

Aberrant methylation of the *GSTP1* promoter region was detected in 11 out of 25 (44%)

plasma DNA samples from HCC patients. Three of the plasma samples from 25 chronic hepatitis C patients displayed *GSTP1* promoter methylation (12%), and two samples from 25 healthy controls displayed *GSTP1* promoter methylation (8%) (table 3) and (figure 3 and 4). The methylation frequency of *GSTP1* showed significant difference between the hepatocellular carcinoma group and the healthy controls ($P = 0.004$) and the chronic hepatitis C group ($P = 0.01$). There was no significant difference between chronic hepatitis C patients and healthy controls as regard methylation frequency ($P = 1$).

Table 3 :Methylation frequency for *GSTP1* in HCC, chronic hepatitis C patients and healthy controls.

Gene	HCCs (n= 25)	Chronic hepatitis C patients (n= 25)	healthy controls (n= 25)	Test of significance
Methylated <i>GSTP1</i> : NO (%)	11 (44)	3 (12)	2 (8)	$\chi^2 = 11.6$ $P = 0.003^*$
Group comparison	HCC vs. CHC : $\chi^2 = 6.4$, $P = 0.01s$ HCC vs. healthy group : $\chi^2 = 8.4$, $P = 0.004$ Healthy group vs. CHC : Fisher exact test $P = 1$			

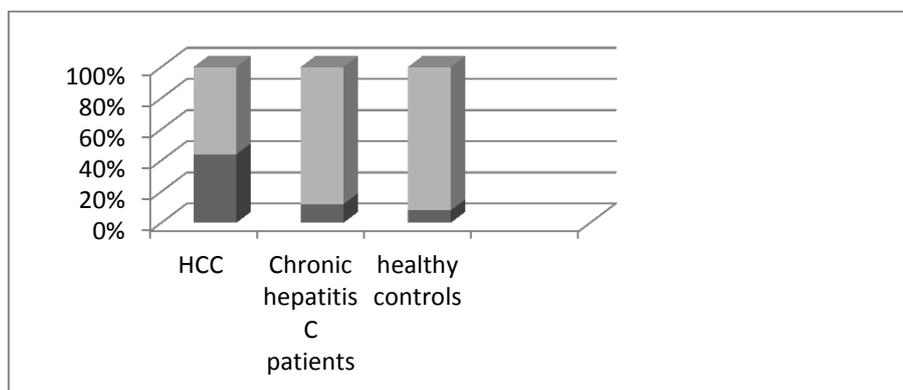


Figure (3): Representation of the promoter methylation status of *GSTP1* in plasma DNA, showing significant difference in methylation level between the hepatocellular carcinoma group and both chronic hepatitis C group and the healthy controls.

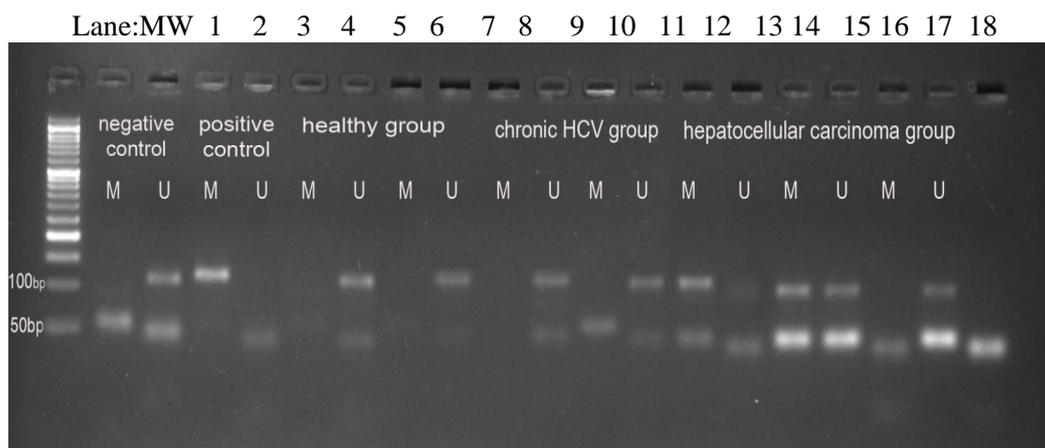


Figure (4): Gel electrophoresis showing methylation analysis of *GSTP1* in plasma DNA .

MW: molecular weight marker (50 bp ladder). **Lanes 1,2:** Normal human lymphocytes DNA used as negative control. **Lanes 3,4:** The Methylated and bisulfite converted human control DNA (from QIAGEN cat.no 59655) applied as a positive control. **Lanes 5,6,7,8:** Two cases of the healthy control group. **Lanes 9,10,11,12:** Two cases of the chronic hepatitis C group. **Lanes 13,14,15,16,17,18:** Three cases of the HCC group. Lanes designated M, amplified products with *GSTP1* -methylated primer 1; lanes designated U, amplified products with *GSTP1* unmethylated primer.

The diagnostic ability of *RASSF1A* , and *GSTP1* genes methylation analysis :

Methylated *RASSF1A* was found to differentiate HCC patients from healthy controls with a sensitivity of 76 % , specificity of 84%, The positive predictive value (PPV) was 83%, and the negative predictive value (NPV)

78%. Methylated *GSTP1* had a lower diagnostic ability in discriminating HCC from healthy controls with a sensitivity of 44 % , specificity 92%, PPV 85 % , and NPV 62% (table 4).

Methylated *RASSF1A* was also able to differentiate HCC from Chronic hepatitis C patients with a sensitivity of 76 % , specificity 80%, PPV 79%, and NPV 77%. The sensitivity of methylated *GSTP1* in discriminating HCC from Chronic hepatitis C patients was 44 % , specificity 88%, PPV 79 % , and NPV 61% (table 4).

Combination analysis of the two genes for HCC detection among chronic hepatitis patients and healthy controls showed greater sensitivity (88%) and comparable specificity (76%) to each individual gene (76 % -84% and 44%–92%) (table 4)

Table 4: Diagnostic ability of plasma methylation analysis between HCC patients and healthy controls and between HCC patients and HCV group.

	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)
HCC patients vs. healthy controls.				
<i>RASSF1A</i>	76	84	83	78
<i>GSTP1</i>	44	92	85	62
Analysis of both genes	88	76	79	86
HCC patients vs. HCV group.				
<i>RASSF1A</i>	76	80	79	77
<i>GSTP1</i>	44	88	79	61
Analysis of both genes	88	76	82	87

Concentration of Serum AFP levels in hepatocellular carcinoma , chronic hepatitis C patients and healthy controls.

Median serum AFP level was 103 ng/ml in patients with HCC, 12 ng/ml in patients with chronic hepatitis C, and 8 ng/ml in healthy controls. Receiver operating characteristic curves were plotted and showed an optimal cutoff value of 9.5 ng/ml with sensitivity of 88 % and specificity of 58% when the area under the receiver operator characteristic (AUROC) curve was 0.87 with 95% Confidence Interval (table 5 and figure 5).

Table 5 : Concentrations of AFP in HCC , chronic hepatitis C patients and healthy controls.

	<i>HCC Group</i> (n=25)	<i>Chronic Virus C Group</i> (n=25)	<i>Healthy Group</i> (n=25)	<i>Test of significance</i>
<i>AFP (ng/ml)</i>	103 (1.9 – 30400)	12 (5 -32)	8 (2- 12)	Kruskal-Wallis test P < 0.001
<i>Median (min - max)</i>				
Group comparison	HCC vs. CHC : Mann Whitney test P < 0.001 HCC vs. healthy group : Mann Whitney test P < 0.001 Healthy group vs. CHC : Mann Whitney test P < 0.001			

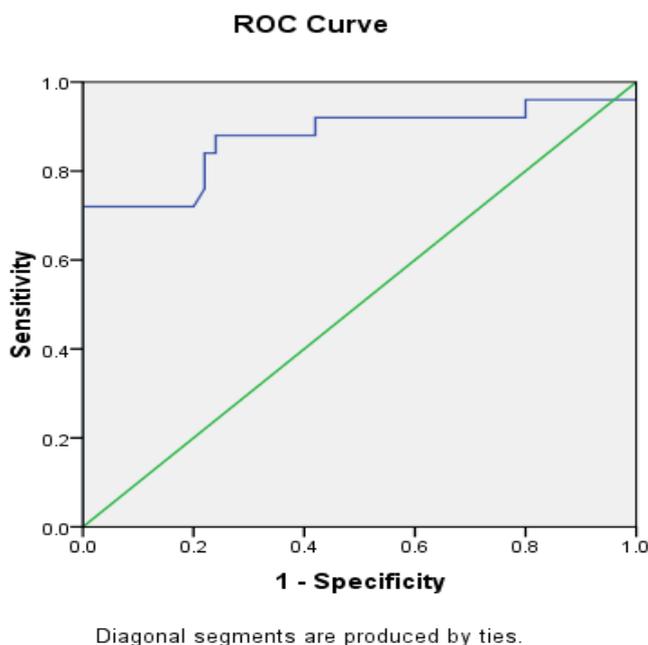


Figure (5) :ROC curves analysis of AFP

Association between promoter methylation of RASSF1A and GSTP genes and AFP level:

Although AFP level was higher in HCC cases with RASSF1A methylation than those with unmethylated promoters, the difference was not statistically significant ($P = 0.5$). Regarding GSTP gene, HCC cases with unmethylated promoters had higher level of AFP, but also not statistically significant ($P=0.9$). As a conclusion, methylation of both tumour suppressor gene was not associated to AFP levels (table 6).

Table 6: Association between promoter methylation of RASSF1A , GSTP genes with AFP level.

HCC group	RASSF1A Methylated Promoter	RASSF1A Unmethylated promoter	Test of significance (p-value)
AFP level Median (min - max)	139 (1.9-7751)	68.5 (9 - 30400)	Mann-Whitney test Z=0.6 P = 0.5
	GSTP Methylated Promoter	GSTP Unmethylated promoter	Test of significance (p-value)
AFP Median (min - max)	85(2 -30400)	112.5 (6.2 -7751)	Mann-Whitney test Z=0.2 P = 0.9

Estimation of AFP together with the examination of methylation status of RASSF1A and GSTP genes for HCC detection among chronic hepatitis patients has increased sensitivity to 96%, with Specificity of 32%, positive predictive value of 0.59 % and negative predictive value of 89% , and HCC detection among healthy subjects with sensitivity 96%,

Specificity of 60% , positive predictive value of 71 % and negative predictive value of 94%.

Association between promoter methylation and age for RASSF1A and GSTP genes:

There was no significant association between promoter methylation and age for any of the two genes in the three studied groups as shown in table (7) .

Table 7: Association between age and promoter methylation in HCC , chronic hepatitis C patients and healthy controls

		Methylated promoter (mean age \pm SD)	Non-methylated promoter (mean age \pm SD)	Test of significance (p-value)
HCC group	RASSF1A gene	54.7 \pm 7.1	54.7 \pm 6.2	t = 0.02 P = 1
	GSTP gene	57.1 \pm 8.8	52.9 \pm 4.1	t= 1.6 P =0.1
HCV group	RASSF1A gene	51.2 \pm 4.4	51.3 \pm 9	t = 0.02 P =1
	GSTP gene	48 \pm 0	51.7 \pm 8.6	t= 0.7 P = 0.5
Healthy control group	RASSF1A gene	38.5 \pm 6.4	45.3 \pm 10.9	t = 1.2 P = 0.2
	GSTP gene	55 \pm 0	43.3 \pm 10.4	t= 1.6 P = 0.1

Association between promoter methylation and gender for RASSF1A and GSTP genes:

There was no significant association between promoter methylation and gender for any of the two genes ,except for RASSF1A gene promoter methylation and gender in the chronic hepatitis C group (P = 0.04) where all cases with methylated promoters (5) were females (table 8).

Table 8 :Association between gender and promoter methylation methylation in HCC , chronic hepatitis C patients and healthy controls.

		<i>Methylated promoter (mean age ± SD)</i>	<i>Unmethylated promoter (mean age ± SD)</i>	<i>Test of significance (p- value)</i>
HCC group	RASSF1A gene			
	Male	14 (73.7)	5 (26.3)	P = 1
	Female	5 (83.3)	1 (16.7)	
<hr/>				
	GSTP gene			
	Male	9(47.4)	10 (52.6)	P = 0.7
	Female	2 (33.3)	4 (66.7)	
<hr/>				
HCV group	RASSF1A gene			
	Male	0 (0)	12 (100)	P = 0.04*
	Female	5 (38.5)	8 (61.5)	
<hr/>				
	GSTP gene			
	Male	0(0)	12 (100)	P = 0.2
	Female	3 (23.1)	10(76.9)	
<hr/>				
Healthy control goup	RASSF1A gene			
	Male	0 (0)	7 (100)	P = 0.3
	Female	4 (22.2)	14 (77.8)	
<hr/>				
	GSTP gene			
	Male	0 (0)	7 (100)	P = 1
	Female	2 (11.1)	16(88.9)	

DISCUSSION

While genetic alterations are proposed to contribute to the development and progression of HCC, the molecular mechanisms underlying this process remain unclear. Apart from HBV integration into the host genome (21), there is no consistent genetic change associated with hepatocarcinogenesis, and only a handful of genes (such as beta-catenin, axin, and p53) are known to be frequently mutated in HCC (22). This has led to research into alternative mechanisms by which major risk factor exposures promote hepatocarcinogenesis. Because epigenetic mechanisms are believed to be important in protection against viral genomes and in response to environmental factors (23), aberrant epigenetic changes associated with viral infection and exposure to environmental factors may trigger events that promote the neoplastic transformation of hepatocytes.

Aberrant DNA methylation is an epigenetic mechanism of gene silencing in a wide range of human cancers, including liver cancer (24). This epigenetic silencing, either alone or in combination with genetic changes, may lead to the inactivation of tumor suppressor genes and other cancer-associated genes promoting hepatocarcinogenesis. Several studies have identified aberrant CpG methylation of many genes in HCC. These studies provided a strong support for a critical role of epigenetic changes in the development and progression of HCC (25).

In this study, selection of relevant genes that could be valuable biomarkers for early detection of HCC was guided by three criteria: (1) genes that may have an association with liver cancer based on their supposed biological function, (2) genes that are newly identified as targets of methylation in cancer, and (3) genes that are proposed to be the frequent targets of hypermethylation in hepatocellular carcinoma.

According to quantitative DNA methylation analysis studies by *Lambert et al. (26)*, *RASSF1A* and *GSTP1* genes exhibited a highly significant hypermethylation in HCC tumors compared to cirrhotic and normal liver tissues.

Most studies about DNA methylation focused on the analysis of tumor tissue. However, tumor tissue is not always available and not suitable for screening or early detection of HCC. In contrary, serum or plasma sample is easily obtained (27).

In the current study, the promoter methylation status of *RASSF1A* and *GSTP1* genes were assayed in plasma rather than tissue according to many previous researches. Many studies have reported the concordance between the levels of methylated *RASSF1A* and *GSTP1* genes in plasma and tissues. *Chan et al. (12)* reported that the predominant source of circulating methylated *RASSF1A* in HCC patients was likely to be the tumour cells, as they noticed a significant reduction in serum *RASSF1A* in the HCC patients after tumour resection. *Yeo et al.,(28)* found that *RASSF1A* promoter hypermethylation occurred at a high frequency in HCC and the aberrant methylation was also detectable in over 40% of matched plasma.

Similarly, *Wang et al. (29)* reported that the aberrant methylation of the *GSTP1* gene in the serum of patients was in agreement with tumor methylation status ($P = 0.004$).

Chang et al. (9), however, failed to find agreement between plasma and tissue DNA. The study used RT-PCR to compare DNA methylation in plasma and tissue from eight HCC patients. The resulting lack of concordance might be attributable to the small sample size and plasma DNA degradation during RT-PCR.

In the present study, plasma was used for extraction of circulating DNA rather than serum because the percentage of tumor- origin DNA in circulating DNA is lower in serum circulating DNA versus plasma circulating DNA according to *Lee et al. (30)* and *Taback et al.(31)*, since circulating DNA is derived from both tumor cells and non-tumor cells (32).

In the current study, using MSP, methylated *RASSF1A* was detected in 76 % of the HCC group (19/25), in 20% of the chronic hepatitis C patients (5/25) and in 16% of the healthy controls(4/25) .

Our results are in agreement with *Yeo et al. (28)* who detected *RASSF1A* methylation in DNA extracted from HCC tumors and paired plasma samples of 40 patients using MSP. Where aberrant methylation was detected in 17 (42.5%) plasma from the 40 HCC patients.

Zhang et al. (33) also detected methylation changes of *RASSF1A* by methylation-specific PCR in the serum of HCC patients And reported that the analysis of hypermethylation of *RASSF1A*, *p16*, and *p15* in serum DNA is a valuable biomarkers for early detection of HCC .

Chan et al. (12) revealed that hypermethylated *RASSF1A* was found in the sera of 93% HCC patients, 58% HBV carriers, and 8% of normal volunteers. *Mohamed et al. (34)* found that methylated *RASSF1A* was detected in 10% of the controls (2/20), 62.5% of the HCV group (25/40) and in 90% of the HCC group (36/40).Their positive ratios of *RASSF1A* was higher than ours .The different target CpG sites may be the major reason for the difference in detection ratio or it may be attributed to the difference in the technique used where we used methylation-specific PCR, while they used the combination of methylation-sensitive restriction-enzyme digestion and real-time PCR detection.

Moribe et al. (35) suggested that *RASSF1A* showed the best performance for the discrimination of HCC and non-HCC liver tissues. They added that a combination of *RASSF1A*, *CCND2* and *SPINT2* showed 89–95% sensitivity, 91–100% specificity and 89– 97% accuracy in discriminating between HCC and non-HCC tissues. *Saelee et al. (36)* demonstrated a significant correlation between the methylation status of *RASSF1A* and HCC patients who did not undergo chemotherapy. Their findings showed that *RASSF1A*-promoter hypermethylation may serve as a good prognostic factor. In addition to the study of *Lambert et al. (2011)* who found a high frequency of aberrant hypermethylation of *RASSF1A* in HCC tumours as compared to normal liver tissue.

The results of this study demonstrated that methylated *GSTP1* was detected in 44% of the HCC group(11/25) ,in 12% of the chronic hepatitis C group (3/25) and in 8% of the controls (2/25).Our results are consistent with the study of *Wang et al., (29)* where *GSTP1* promoter hypermethylation was detected in 16 of 32 (50%) of circulating tumor DNA in the peripheral serum from HCC patients. In addition, *Anzola et al. (37)* reported that hypermethylation was detected in 56.7%, 43.3% and 17.9% of the tumour tissues for *p16INK4a*, *p14ARF*, and *GSTP1* genes, respectively. *Zhang et al. (38)* reported that *GSTP1* promoter hypermethylation was detected in 38 of 83 (46%) hepatocellular carcinoma tissues using Methylation-specific PCR (MSP). *Lambert et al. (26)* reported a high frequency of aberrant hypermethylation of *GSTP1* in HCC

tumours as compared to control cirrhotic or normal liver . Also, study by *Lee et al. (11)* managed to show that patients with high GSTP1 methylation level have worse overall survival outcome .

In the study by *Hua et al. (39)*, the methylation level of a panel of nine tumour suppressor genes was evaluated using a restriction enzyme digestion-based qPCR method, MSRE-qPCR. They showed that the methylation levels or frequencies of a panel of six genes (*APC, GSTP1, RASSF1A, CDKN2A, RUNX3 and SFRP1*) were significantly higher in HCCs when compared to surrounding matched non- tumorous tissues, and the combination analysis of these methylated genes could discriminate HCC well from non-tumorous tissues.

In another study by *Huang et al. (27)* using methylation-sensitive restriction enzymes-based quantitative PCR (MSRE-qPCR) , The methylation status of four genes (*APC, GSTP1, RASSF1A, and SFRP1*) was evaluated in 150 plasma samples, including 72 patients with HCC, 37 with benign live diseases and 41 normal controls, and revealed that the Methylation percentages of these four genes were higher in HCCs than in benign controls or healthy controls ($P \leq 0.05$).

The low frequency of methylation status of *GSTP1* in the plasma samples in our study (44% of HCC cases) could be a result of DNA degradation during the step of bisulfite conversion or incomplete conversion of DNA in the sample.

The presence of aberrant methylation in *RASSF1A and GSTP1* genes in plasma DNA from patients with chronic hepatitis C, although at low frequency, (Five (20%) of the 25 chronic hepatitis C cases had methylation of *RASSF1A* ,Three of the plasma samples from 25 chronic hepatitis C patients displayed *GSTP1* promoter methylation (12%) , may indicate early methylation changes in normal cells that precede their oncogenic transformation. Alternatively, it may reflect the presence of microscopically undetectable transformed hepatocytes. it is possible that proliferative stimuli associated with inflammation may induce higher levels of methylation , While the mechanism underlying the activation of the methylator pathway remains unclear and requires further investigation.

Regarding the healthy controls, our results showed methylation of *RASSF1A* in four (16%) of the 25 healthy controls ,while two samples displayed *GSTP1* promoter methylation (8%) ,which is close to the results of *Zhang et al.(33)*, who detected methylated *RASSF1A* in

6 % of control DNA samples. In concordance with *Chan et al. (12)* who reported the presence of methylated *RASSF1A* in 8% of the healthy volunteers using realtime PCR after digestion with a methylation-sensitive restriction enzyme. More recently, *Mohamed et al. (34)* detected methylated *RASSF1A* in 10% of the controls . In a study by *Dumache et al.,(40)* , hypermethylation of the *GSTP1* gene was detected in 10.6% of control plasma samples. The methylation of both genes in healthy group may be due to an underlying undetectable bilharzial liver fibrosis or cirrhosis.

As regard AFP , in the present study serum the median level was 103 ng/ml in the patients with HCC, 12 ng/ml in patients with chronic hepatitis C, and 8 ng/ml in healthy controls . Receiver operating characteristic curves were plotted and showed an optimal cutoff value being 9.5 ng/ml with sensitivity of 88 % and specificity of 58% when the area under the receiver operator characteristic (AUROC) curve was 0.87 with 95% Confidence Interval . This is in accordance with *Gad et al. (41)* where AFP showed a sensitivity/specificity of 86% and 78 % respectively at a cut off point of 10 ng/mL. The study of *Lok et al., (42)* showed that the sensitivity and specificity of AFP was 61% and 81% at a cutoff of 20 ng/mL which is different from our results due to different cut off points.

Lack of association between methylation of both tumour suppressor gene and AFP levels can help diagnosis by Estimating both AFP with the examination of methylation status of *RASSF1A* and *GSTP1* genes ,which increases sensitivity up to 96%, with Specificity of 32% , positive predictive value of 0.59 % and negative predictive value of 89% for HCC detection among chronic hepatitis patients , and with sensitivity 96%, Specificity of 60%, positive predictive value of 71 % and negative predictive value of 94% for HCC detection among healthy subjects.

In conclusion, HCC patients had significantly higher frequency of methylated *RASSF1A* and *GSTP1* compared to controls and patients with chronic hepatitis C in the DNA extracted from plasma using MSP . Examination of methylation status of these tumour suppressor genes , especially when using a combination of more than one epigenetic marker , could be of value for early diagnosis of HCC.

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