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ORIGINAL ARTICLE

Evaluation of Cardiac Functions in Children with Lower Respiratory Tract Infections

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| Correspondin | ng author: | ABSTRACT: |
|--------------|--------------|--|
| Asmaa Moha | med Mohamed | Background: Lower respiratory tract infections (LRTIs) are among the major |
| Mohamad | inea monumea | causes of morbidity and mortality in children under five years. While |
| Monamed | | primarily affecting the lungs, LRTIs can also impair cardiac functions, though |
| Email | | more wide cardiac affection, which remain underexplored. This study aimed |
| | | to assess myocardial involvement in pediatric LRTI cases by evaluating |
| badawyasmaa | 19@gmail.com | cardiac functions using echocardiography and measuring high-sensitive |
| Submit Data | 15 04 2025 | Mathads: This case control study included 52 children aged 2 months to 5 |
| Accent Date: | 15-04-2025 | wears The patient group $(n-30)$ had confirmed I RTIs and was subdivided |
| Accept Date. | 01-05-2025 | into 3 groups $(n-13 \text{ in each})$: pneumonia (Group I), bronchiolitis (Group II) |
| | | and pleural effusion (Group III). Group IV included 13 age- and sex-matched |
| | | healthy children serving as controls. All were tested for hs-Troponin T and C |
| | | reactive protein, with detailed echocardiographic evaluation of both left and |
| | | right ventricular functions. |
| | | Results: Children with LRTIs had significantly elevated high-sensitive |
| | | troponin T and CRP levels. Echocardiography revealed reduced left |
| | | ventricular ejection fraction in bronchiolitis and pleural effusion groups (p < |
| | | 0.001), but with preserver systolic functions. LV diastolic dysfunction |
| | | affected by decreased A-wave velocity ($p < 0.001$). Right ventricular systolic |
| | | function, measured by TAPSE, was significantly lower in-patient groups (p < |
| | | 0.001), with reduced TAPSE/RVSP ratios ($p < 0.001$) and elevated systolic |
| | | pulmonary pressures ($p = 0.001$). TDI of mitral valve snowed significant rise |
| | | of S and significant decline regarding E/e among the cases compared to the control $(p < 0.001)$, while TDL of triguanid value revealed significant decline |
| | | control ($p < 0.001$), while TDF of the uspit valve revealed significant decline regarding S [°] among the cases compared to the control ($p < 0.001$) |
| | | Conclusion: LRTIs in young children are associated with subclinical and |
| | | overt cardiac involvement affecting both ventricles Echocardiographic |
| | | assessment and cardiac biomarkers, especially high-sensitive troponin, can |
| | | provide valuable insights for early detection of potential cardiac complications |
| | | in this population. |
| | | Keywords: Children; Lower Respiratory Tract Infections; Serum Troponin, |
| | | Cardiac affection; echocardiographic changes. |

INTRODUCTION

ower respiratory tract infections (LRTIs) refer to infections and inflammatory processes involving the trachea, major bronchi, and lung bronchi, essentially affecting areas below the vocal cords. Common examples

include acute bronchitis, bronchiolitis, bronchiectasis, and pneumonia [1–3].

Globally, LRTIs remain one of the most common causes of illness and death, especially in young children. They are responsible for approximately 4 million deaths out of 15

million globally among children under five, as previously reported in earlier epidemiological studies [4,5].

The respiratory and cardiovascular systems are closely linked, functioning as a unified system. Any disturbance in their interaction -such as in the case of LRTIs- can significantly impact heart function. Although LRTIs are primarily pulmonary, evidence shows they can also adversely affect other organs, including the heart. Pulmonary infections may lead to changes in right ventricular function and structure, especially when associated with pulmonary hypertension. One of the earliest cardiac changes seen in these patients is right ventricular diastolic dysfunction, often due to increased afterload. In fact, both the right and left ventricles can be impacted by respiratory illness, altering their size and performance. Pneumonia, in particular, has been linked to later cardiovascular complications such as heart failure, arrhythmias, and even myocardial infarction [6-8].

Accurate assessment of cardiac function requires high-quality imaging and multiple parameters. Point-of-care cardiac ultrasound is especially valuable in critical care settings, representing real-time insights that guide timely clinical decisions. When used by skilled clinicians, echocardiography is an essential tool to detect early cardiac involvement in patients with LRTIs, aiding in diagnosis and modifying appropriate management. It provides crucial data not only for assessing disease severity and treatment strategies but also for predicting prognosis and monitoring treatment response. Tissue Doppler echocardiography (TDE) can be applied to measure myocardial rather than blood velocities. The difference resides in filtering: imaging myocardial velocities requires filtering structures that are moving at high velocity with low scattering power (i.e., the blood) while imaging blood velocity requires filtering out slowly moving and strongly reflecting structures (i.e., the myocardium). Also, it is helpful for assessing systolic and diastolic myocardial function among children [9-10].

In addition to imaging, cardiac biomarkers have become key components of cardiovascular care. Over the past decades, they've transformed how we approach prevention, diagnosis, and management conditions of like acute myocardial infarction and heart failure. More recently, they are helping guide personalized treatment strategies [11,12]. This study aimed to assess myocardial involvement in pediatric LRTI cases by evaluating cardiac function using echocardiography and measuring highsensitive cardiac troponin T (hs-Troponin T) levels.

METHODS

We performed this case-control study in the Pulmonology and Cardiology Units of the Pediatric Department at Zagazig University Children's Hospital over a period from January 2023 to April 2024 after obtaining approval from the Institutional Review Board (IRB#10768-7-5-2023) and written informed consent from all cases' legal guardians. The research was conducted under the World Medical Association's Code of Ethics (Helsinki Declaration) for human research.

A total of 52 children were enrolled, with their ages ranging from 2 months to 5 years, patients were included who had confirmed lower respiratory tract infection (bronchiolitis, pneumonia, and pleural effusion). LRTI diagnosis was confirmed based on clinical presentation (e.g., cough, tachypnea, wheezing), physical examination, and supportive chest X-ray findings. The exclusion criteria involved children who had pre-existing congenital or having acquired heart disease, as well as those with chronic conditions affecting the lungs, kidneys, liver, or blood. Additionally, children with genetic syndromes or evidence of malnutrition were excluded from the study.

The studied population was categorized based on clinical presentation and chest X-ray findings into four distinct groups. Group I included 13 patients diagnosed with severe pneumonia, presenting with cough, dyspnea, fever, rigors, and malaise, and showing lobar pneumonia or bronchopneumonia on plain radiographs. Group II comprised 13 patients

with bronchiolitis, typically presenting with low-grade or absent fever, a preceding runny nose, progressing cough, to tachypnea. hyperinflation, chest indrawing, and characteristic wheezing. Group III included 13 patients with pleural effusion, who presented with dyspnea, dry cough, and pleuritic chest pain, and demonstrated diagnostic X-ray findings of homogenous opacity obliterating the costophrenic angle and extending to the axilla, or mild pleural opacity. Group IV served as the healthy control group selected from relatives of the patient group and matched according to age and sex.

All children underwent thorough clinical evaluation, including history taking (age, sex, prior chest infections, congenital heart disease, history of previous surgeries), and symptoms such as tachypnea, tachycardia, dyspnea, cough, or feeding difficulties. Physical examination included general assessment and measurement of anthropometric parametersweight, height, and body mass index (BMI) in addition to the vital signs such as heart rate (HR), respiratory rate (RR), as well as the temperature. Laboratory investigations were performed, including CRP and serum cardiac troponin.

To evaluate biomarkers, a 2 mL sample of venous blood was drawn from each participant after completing the echocardiography. The blood was collected into pro-coagulant tubes and left to clot at room temperature for about 10 to 20 minutes. After clotting, the samples were centrifuged at a speed of 2000 to 3000 rpm for 20 minutes to separate the serum. The serum was then stored at -20°C until it was time for testing. High-sensitivity troponin levels in the serum were assessed utilizing a commercially available Enzyme-Linked Immunosorbent Assay (ELISA) kit, following the instructions provided by the manufacturer. The limit of detection was considered between 1.3 and 3.2 ng/L, while the limit of quantitation fell within the range of 2.9 to 4.9 ng/L. The normal reference range was considered to be less than 0.01 ng/mL, according to the recommended guidelines [13].

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Measurement of C-reactive Protein (CRP): Serum C-reactive protein (CRP) levels were measured using the Cobas 6000 c501 modular analyzer (Roche Diagnostics, Germany). Blood samples were collected into plain tubes, allowed to clot at room temperature, and then centrifuged at 3000 rpm for 10 minutes to separate the serum. The analysis was performed using an immunoturbidimetric assay, where CRP in the sample reacts with specific anti-CRP antibodies, forming immune complexes. turbidity resulting was measured The photometrically, and CRP concentrations were automatically calculated by the analyzer based on a calibration curve. All measurements were carried out according to the manufacturer's instructions, with strict adherence to quality control procedures.

echocardiographic evaluations All were performed by a pediatric cardiologist who was blinded to the clinical grouping and laboratory results to minimize interpretation bias. Echocardiographic evaluations were conducted for all participants while they were in the supine position, using the Philips EPIQ CVX system (USA) with transducers of 2-3 MHz and 8 MHz and the patients were connected to the ECG tracing of the echocardiographic machine. All measurements adhered to the standardized guidelines set by the American Society of Echocardiography [14].

Transthoracic echocardiography (TTE): initially conventional routine echocardiography was performed to exclude missed undiagnosed congenital or acquired heart disease. the standard TTE was done, included motion mode (M mode), two-dimensional (2D), pulsed wave (PW), continuous wave(CW) as well as color flow Doppler studies in the, subcostal, apical 4 chamber, apical 5 chambers, parasternal long axis and short axis parasternal views [15].

Assessment of ventricular dimensions and functions were assessed: left ventricular end diastolic diameter [left ventricular internal dimension during diastole (LVIDD)], ejection fraction (EF), and shortening fraction (FS) of left ventricle, right ventricular diameter (RVD). Assessment of ventricular diastolic function: pulsed wave Doppler of mitral and tricuspid inflow velocities by the measurement of peak early filling (E wave) velocity, peak atrial filling (A wave) velocity, and E/A ratio [15].

Left ventricular (LV) systolic function was assessed using M-model, as LV systolic performance was determined using fractional shortening (FS) and ejection fraction (EF). The FS. which reflected circumferential LV contraction, was considered reduced if <25% and hyperdynamic if >45%. EF, calculated as $EF = (SV/EDV) \times 100$, indicated the proportion of blood ejected per beat, with normal values typically ≥55% [15].

Right Ventricular (RV) Function included RV dimensions & longitudinal right ventricular systolic function was determined utilizing tricuspid annular plane systolic excursion (TAPSE). TAPSE was measured by two-D guided M-mode from the apical four-chamber view with the cursor placed at the free wall of tricuspid annulus. TAPSE the reflects longitudinal myocardial shortening, the main component reflecting the RV contraction in normal hearts. Measurement of TAPSE has provided a chance to assess RV function in a simple, and highly reproducible way. Reduced values indicated systolic dysfunction [15].

CW Doppler echocardiography of the tricuspid flow provides the estimated systolic pulmonary artery pressures (sPAP) [9,10]. Using tricuspid regurgitation jet velocity (V) and simplified Bernoulli equation, the sPAP is best derived from RV systolic pressure (RVSP): RVSP = 4(V)2 + derived RA pressure. The normal estimated systolic pulmonary artery pressure (SPAP) is \leq 35 mmHg [17].

Assessment of diastolic functions of both ventricles, using pulsed Doppler recordings were used to detect trans mitral and tricuspid inflow velocities through measuring of Peak early filling velocity (E wave), peak atrial filling velocity (A wave), and E/A ratio, decreased E/A ratio suggested impaired relaxation and decreased diastolic filling and it is a hall mark of diastolic dysfunction [18]. Tissue Doppler imaging (TDI) was assessed the recordings of myocardial velocities in the

apical four chamber view with the pulse-wave Doppler sample volume placed at the level of RV lateral tricuspid, and LV lateral mitral annuli after activating the TDI function in the same machine to calculate the peak systolic (S') which measures the systolic velocity longitudinal function of the RV or the LV, the early diastolic velocity (e') and late diastolic velocity (a') both denote the diastolic function of the ventricles. [19]. (E'/A' ratio) is the ratio of mitral early to late annular diastolic velocity was also measured by tissue Doppler imaging. (E/E' ratio): by dividing the peak E wave diastolic velocity by the peak E' velocity, the early E wave diastolic velocity which is influenced by atrial pressure, ventricular relaxation and ventricular systolic pressure [20-22], the tissue Doppler-derived peak early diastolic E' velocity at mitral or tricuspid annulus is considered as a noninvasive tool for LV relaxation, although its preload dependence [23-25]. So, E/E' ratio served as a non-invasive estimate of LV filling pressures, assisting in the identification of diastolic dysfunction [26].

The myocardial performance index (MPI) is a non-invasive measurement of global ventricular function (systolic and diastolic) independent of geometric assumptions. It can be applied to the RV and the LV. It is defined as the ratio of isovolumic time divided by the ET. MPI = (IVCT + IVRT) / ET [27].

Statistical analysis

Statistical analysis was conducted using IBM SPSS Statistics version 28 (IBM Corp., Armonk, NY, USA). Categorical data were expressed as frequencies and compared using the chi-square test. For continuous variables, normality was assessed using the Shapiro-Wilk test. Data were presented as mean ± standard deviation for normally distributed variables, or as median with interquartile range (IQR) when the distribution was non-normal. Comparisons between groups were performed using one-way ANOVA for normally distributed data and the Kruskal-Wallis test for non-parametric data. When a significant difference was identified, post hoc analysis was carried out using Tukey's HSD test. Correlations between variables were

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analyzed using Spearman's rank correlation coefficient. A p-value of less than 0.05 was considered statistically significant, with values below 0.001 indicating a highly significant result.

RESULTS

The children's age ranged from two months to five years. Table 1 shows that the study groups were well-matched as regards the age (p = 0.83) and sex distribution (p = 0.418), without any statistically significant differences.

Serum troponin levels were significantly higher among all patients groups (Groups I, II and III) than the control group (Group IV) (p < 0.001). Additionally, a significant higher in Group I than Group III (Table 2). Similarly, highly significant decline in Group IV than all the patient groups.

There is statistically significant increase regarding CRP among the cases compared to the control. On doing pairwise comparison, difference is significant lower in Group IV (healthy control group) than each other group.

The best cut-off of serum troponin in prediction of cardiac affection in LRTI is ≥ 10.55 with area under curve 0.879, sensitivity 82.1%, specificity 84.6%, positive, negative predictive value and overall accuracy are 94.1%, 61.1% and 82.7% respectively (p<0.001) (Supplementary Table 1, Supplementary Figure 1).

1. Left Ventricular Function

1.1. Systolic Function (FS and EF)

The LV fractional shortening (FS) was significantly higher among the pneumonia group than both the effusion and control groups (p = 0.015). Post hoc analysis revealed significant differences between Group I and both Group III (p = 0.013) and Group IV (p = 0.03). In contrast, LV ejection fraction (EF) showed a significant reduction among the patient groups, especially in Groups II and III, when compared to the control group (p < 0.001). Pairwise comparisons also revealed significant differences between Group III and Group IV (p < 0.001), as well as between Group II and Group IV (p < 0.001), as well as between Group II and Group IV (p < 0.001), as well as between Group II and Group IV (p = 0.02) (Table 3).

There are no statistically significant differences between the studied groups regarding occurrence of MR. While there is statistically significant decline regarding occurrence of AR, or change in LA, and AO diameter among the cases compared to the control.

1.2. Diastolic Function – Trans-Mitral Inflow Profile

No significant variations were revealed among the groups in terms of LV E velocity or the LV E/A ratio. However, LV A-wave velocity was significantly lower among the patient groups than the controls (p < 0.001). Post hoc comparisons showed significant reductions in Group III vs Group IV (p < 0.001) and in Group II vs Group IV (p < 0.001) (Table 4). Tissue Doppler of the Mitral Valve, There is statistically significant rise regarding S` among the cases compared to the control (p <0.001), with statistically significant no differences between the studied groups regarding E`.

2. Right Ventricular Function

2.1. Systolic Parameters – TAPSE and Pulmonary Arterial Pressures

The TAPSE and TAPSE/RVSP ratios were significantly lower among the 3 patient groups than the control group (p < 0.001 for both). Post hoc analysis confirmed significantly lower TAPSE and TAPSE/RVSP values in each patient group than the controls. Specifically, TAPSE was significantly lower in Group III versus Group IV (p < 0.001) and in Group II versus Group IV (p = 0.001). Similarly, TAPSE/RVSP ratios were significantly decreased in both Group III and Group II compared to Group IV (p < 0.001 for both comparisons) (Table 3).

Right ventricular diameter (RVD) was significantly higher in the patient groups compared to the control group (p = 0.002). Post hoc comparisons showed a statistically significant difference between Group III and Group IV (p = 0.007). Furthermore, pulmonary regurgitation pressure (PR) showed а significant rise among the patient groups (p =0.001), especially between Group III and IV (p = 0.001).

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2.2. Diastolic Function - Tricuspid Valve Inflow

No significant differences were detected in tricuspid E-wave velocities across groups. However, significant decreases were found in tricuspid A-wave (p = 0.009) and RV E/A ratio (p = 0.002), regarding TDE, there is statistically significant decline regarding S` among the cases compared to the control. with significant reductions in Group III compared to the control group (Table 6).

Among pneumonia group, there is statistically significant positive correlation between troponin and LV MPI, also There is statistically

significant negative correlation between TAPSE and troponin. Among bronchiolitis group, there is statistically significant positive correlation between troponin, and T e`. Within pleural effusion group, there is significant positive correlation between troponin and all of $e^{,} E/e^{,} E^{/A^{}}$ and T $E/e^{(Table 6)}$.

Combined Ventricular Function 3. Myocardial Performance Index (MPI)

No statistically significant differences were observed in either left or right ventricular MPI among the studied groups (p = 0.984 and p =0.605, respectively), as presented in Table 7.

| Table (1). Del | nographic data of t | me studied groups. | | | | |
|----------------|---------------------|--------------------|-----------------|----------------|-------|-------|
| | Group I | Group II | Group III | Group IV | χ2 | Р |
| | N=13 (%) | N=13 (%) | N=13 (%) | N=13 (%) | | |
| Gender | | | | | | |
| Female | 7 (53.8%) | 4 (30.8%) | 4 (30.8%) | 7 (53.8%) | 2.836 | 0.418 |
| Male | 6 (46.2%) | 9 (69.2%) | 9 (69.2%) | 6 (46.2%) | | |
| | Median (IQR) | Median (IQR) | Median (IQR) | Median (IQR) | KW | Р |
| Age (years) | 3(2-4.5) | 3.2(1-4) | 3.9(2.05 - 4.2) | 3.5(1.7 - 4.2) | 0.88 | 0.83 |

| Table | (1): | Demogra | phic data | of the | studied | group | os. |
|-------|------|---------|-----------|--------|---------|-------|-----|
|-------|------|---------|-----------|--------|---------|-------|-----|

 χ^2 : Chi-square test; KW: Kruskal-Wallis test; IQR: Interquartile range; N: Number of patients

| Table (2): (| comparison bet | tween the studie | d groups regard | ing laboratory of | lata (troponin a | ind CRP): |
|---------------------|-------------------|---------------------|---------------------|-------------------|------------------|-------------|
| | Group I | Group II | Group III | Group IV | | _ |
| | Median (IQR) | Median (IQR) | Median (IQR) | Median (IQR) | KW | Р |
| Troponin (ng/mL) | 30 (16 – 68.5) | 40 (9.17–59.1) | 20.33 (11.3 –51) | 8 (5 – 10) | 17.135 | <0.001** |
| Pairwise | P1 0.622 | P2 0.751 | P3 0.003* | P4 <0.001** | P5 <0.001** | P6 0.001** |
| CRP (mg/L) | 150 (71 – 410) | 122 (32.5 – 395) | 50 (16 – 225) | 5 (4 - 6) | 27.681 | <0.001** |
| Pairwise | P2 0.641 | P1 0.288 | P3 0.001** | P4 0.126 | P5 <0.001** | P6 <0.001** |

| Table (2): Comparison between the studied groups regarding laboratory data (troponin and CKF | Table (| (2): Co | mparison | between | the studied | groups | regarding | laboratory | data | (troponin | and CR | P): |
|---|---------|---------|----------|---------|-------------|--------|-----------|------------|------|-----------|--------|-----|
|---|---------|---------|----------|---------|-------------|--------|-----------|------------|------|-----------|--------|-----|

KW: Kruskal-Wallis test; IQR: Interquartile range; CRP: C-reactive protein; P1: Group I vs II; P2: Group I vs III; P3: Group I vs IV; P4: Group II vs III; P5: Group II vs IV; P6: Group III vs IV.

| | Parameter | Group I | Group II | Group III | Group IV | F | Р |
|----|------------|------------------|------------------|------------------|------------------|--------------------|-----------|
| | | Mean \pm SD | Mean ± SD | Mean \pm SD | Mean \pm SD | | |
| LV | MR (mmHg) | 23.23 ± 8.5 | 23.69 ± 5.78 | 19.92 ± 4.23 | 23.38 ± 7.18 | 0.927 | 0.435 |
| | AR (mmHg) | 15.77 ± 4.73 | 17.31 ± 4.46 | 13.92 ± 3.62 | 23.08 ± 4.19 | 11.156 | <0.001** |
| | LV. FS (%) | 38.23 ± 3.31 | 36.0 ± 2.21 | 35.46 ± 1.56 | 35.75 ± 1.16 | 4.259 | 0.015* |
| | Post hoc | P1 0.062 | P2 0.925 | P3 0.988 | P4 0.013* | P5 0.991 | P6 0.03* |
| | LV. EF (%) | 69.78 ± 4.06 | 66.95 ± 2.23 | 66.33 ± 1.58 | 71.26 ± 3.09 | 8.413 | <0.001** |
| | Post hoc | P1 0.075 | P2 0.949 | P3 <0.001** | P4 0.02* | P5 0.002* | P6 0.565 |
| | MPA (mm) | 15.39 ± 2.23 | 16.25 ± 1.35 | 16.42 ± 1.48 | 18.19 ± 1.48 | 3.458 | 0.021* |
| | Post hoc | P1 0.762 | P2 0.998 | P3 0.198 | P4 0.653 | P5 0.139 | P6 0.014* |
| | TR (mmHg) | 27.77 ± 6.86 | 30.69 ± 3.12 | 28.77 ± 2.83 | 23.46 ± 6.57 | 4.509 | 0.007* |
| RV | Post hoc | P1 0.484 | P2 0.781 | P3 0.057 | P4 0.961 | P5 0.005* | P6 0.163 |
| | PASP(mmHg) | 37.77 ± 6.86 | 40.69 ± 3.12 | 38.77 ± 2.83 | 34.62 ± 7.19 | 2.877 | 0.046* |
| | Post hoc | P1 0.517 | P2 0.8 | P3 0.217 | P4 0.965 | P5 0.03* | P6 0.452 |
| | PR(mmHg) | 13.69 ± 2.56 | 14.23 ± 2.01 | 14.92 ± 2.43 | 11.08 ± 2.78 | 6.053 | 0.001** |
| | Post hoc | P1 0.944 | P2 0.89 | P3 0.001** | P4 0.583 | P5 0.011* | P6 0.045* |
| | RVD (mm) | 18.23 ± 3.14 | 18.39 ± 2.63 | 17.5 ± 3.66 | 23.08 ± 4.77 | 5.938 | 0.002* |
| | Post hoc | P1 >0.999 | P2 0.948 | P3 0.007* | P4 0.97 | P5 0.01* | P6 0.008* |
| | TAPSE (mm) | 16.67 ± 1.67 | 16.49 ± 1.79 | 16.4 ± 1.54 | 18.52 ± 2.56 | 7.896 | <0.001** |
| | Post hoc | P1 0.995 | P2 0.999 | P3 <0.001** | P4 0.984 | P5 0.001** | P6 0.002* |
| | TAPSE/RVSP | 0.45 ± 0.1 | 0.41 ± 0.07 | 0.42 ± 0.07 | 0.59 ± 0.15 | 8.955 | <0.001** |
| | Post hoc | P1 0.648 | P2 0.993 | P3 <0.001** | P4 0.807 | P5 <0.001* * | P6 0.007* |

Table (3): Comparison between the studied groups regarding conventional 2D echoparameters of both ventricles:

F: One way ANOVA test; SD: Standard deviation; LV FS: Left ventricular fractional shortening; LV EF: Left ventricular ejection fraction;

MPA: Main pulmonary artery diameter; TR: Tricuspid regurgitation pressure gradient; PASP: Pulmonary artery systolic pressure; PR: Pulmonary regurgitation pressure gradient; RVD: Right ventricular diameter; TAPSE: Tricuspid annular plane systolic excursion; RVSP: Right ventricular systolic pressure; P1: Group I vs II; P2: Group I vs III; P3: Group I vs IV; P4: Group II vs III; P5: Group II vs IV; P6: Group III vs IV.

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Table (4): Comparison between the studied groups regarding diastolic functions of both ventricles (Trans mitral and Tricuspid Inflow Profile)

| | | Group I | Group II | Group III | Group IV | Е | D |
|------|-------------------|---|----------------------|-------------------------|----------------------|----------------------|----------------------|
| | | Mean ± SD | Mean \pm SD | Mean \pm SD | Mean \pm SD | Г | P |
| | LV. A (m/s) | 62.05 ± 7.55 | 57.74 ± 8.15 | 60.52 ± 7.78 | 63.19 ± 5.73 | 19.089 | <0.001** |
| | LV. E (m/s) | 83.2 ± 8.47 | 88.02 ± 3.22 | 88.99 ± 1.92 | 101.69 ± 9.16 | 1.334 | 0.274 |
| MV | Post hoc | P1 0.247 | P2 0.982 | P3 <0.001** | P4 0.121 | P5 <0.001** | P6 <0.001** |
| | LV. E/A | 1.38 ± 0.28 | 1.54 ± 0.29 | 1.47 ± 0.23 | 1.61 ± 0.19 | 1.998 | 0.128 |
| | Post hoc | P1 0.778 | P2 0.469 | P3 <0.001** | P4 0.089 | P5 0.055 | P6 0.352 |
| | RV. A (m/ sec) | 79.41 ± 12.94 | 82.05 ± 19.8 | 69.25 ± 14.06 | 84.8 ± 17.22 | 4.29 | 0.009* |
| T. V | RV. E (m/ sec) | $\begin{array}{c} 54.46 \pm \\ 19.05 \end{array}$ | 66.52 ± 11.94 | 67.17 ± 11.51 | 52.85 ± 8.42 | 2.272 | 0.092 |
| | RV. E/A | 1.4 ± 0.32 | 1.28 ± 0.36 | 1.1 ± 0.35 | 1.62 ± 0.25 | 5.854 | 0.002* |
| | Post hoc | P ₁ 0.778 | P ₂ 0.469 | P ₃ <0.001** | P ₄ 0.089 | P ₅ 0.055 | P ₆ 0.352 |

F: One way ANOVA test; SD: Standard deviation; LV E: Left ventricular early diastolic filling velocity; LV A: Left ventricular late diastolic filling velocity; LV E/A: Ratio of early to late diastolic filling velocities;

TV A: Tricuspid valve late diastolic (A-wave) velocity; TV E: Tricuspid valve early diastolic (E-wave) velocity; TV E/A: Ratio of early to late diastolic filling velocities; P1: Group I vs II; P2: Group I vs III; P3: Group I vs IV; P4: Group II vs III; P5: Group II vs IV; P6: Group III vs IV.

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Table (5): Comparison between the studied groups regarding tissue Doppler of both mitral and tricuspid valve and ventricular MPI

| | L L | Group I Group II | | Group III | Group IV | F | Р |
|----|-------------|------------------|---------------------|------------------|------------------|----------------|----------------|
| | | Mean \pm SD | Mean ± SD | Mean ± SD | Mean ± SD | | |
| | S` (M/ sec) | 10.28 ± 3.0 | 8.56 ± 2.31 | 7.29 ± 1.61 | 7.86 ± 1.5 | 4.359 | 0.007* |
| | Posthoc | P1 0.201 | P2 0.848 | P3 0.913 | P4 0.465 | P5 0.006* | P6 0.034* |
| MV | e` (M/ sec) | 14.02 ± 5.18 | 14.62 ± 3.58 | 12.13 ± 2.79 | 14.78 ± 2.66 | 1.406 | 0.252 |
| | a` (M/ sec) | 7.8(5.55 - 8.3) | 7.8(4.79 – 14.4) | 4.79(4 - 4.79) | 7.3(6.8 - 9.68) | 8.67 | 0.034* |
| | Pairwise | P1 0.819 | P2 0.033* | P3 0.009* | P4 0.018* | P5 0.624 | P6 0.794 |
| | E/e` | 6.0 ± 1.55 | 6.79 ± 1.62 | 7.75 ± 1.4 | 7.04 ± 1.21 | 3.213 | 0.031* |
| | Posthoc | P1 0.522 | P2 0.336 | P3 0.597 | P4 0.018* | P5 0.97 | P6 0.277 |
| | E`/A` | 2.19 ± 0.6 | 2.38 ± 0.38 | 2.47 ± 0.51 | 1.84 ± 0.46 | 4.415 | 0.011* |
| | Posthoc | P1 0.754 | P2 0.964 | P3 0.011** | P4 0.464 | P5 0.038* | P6 0.292 |
| | | Median (IQR) | Median (IQR) | Median (IQR) | Median (IQR) | KW | Р |
| | S (M/ sec) | 9.79 ± 1.8 | 9.11 ± 1.89 | 8.43 ± 1.24 | 11.54 ± 2.72 | 5.848 | 0.002* |
| | Posthoc | P1 0.816 | P2 0.826 | P3 0.001** | P4 0.316 | P5 0.016* | P6 0.127 |
| ΤV | e` (M/ sec) | 12.01 ± 1.38 | 11.91 ± 1.16 | 11.65 ± 1.12 | 18.74 ± 5.19 | 19.636 | <0.001** |
| | Posthoc | P1 >0.999 | P2 0.996 | P3 <0.001** | P4 0.988 | P5 <0.001** | P6 <0.001** |
| | a' (M/ sec) | 7.91 ± 1.51 | 7.43 ± 1.12 | 6.63 ± 0.92 | 10.92 ± 3.35 | 11.705 | <0.001** |
| | Posthoc | P1 0.924 | P2 0.735 | P3 <0.001** | P4 0.361 | P5 <0.001** | P6 <0.001** |
| | E/e` | 6.39 ± 1.14 | 6.92 ± 1.51 | 6.01 ± 1.4 | 4.73 ± 1.15 | 6.577 | <0.001** |
| | Posthoc | P1 0.74 | P2 0.301 | P3 <0.001** | P4 0.361 | P5 <0.001** | P6 0.002* |
| | E`/A` | 1.53 ± 0.31 | 1.63 ± 0.28 | 1.79 ± 0.2 | 1.75 ± 0.28 | 2.571 | 0.067 |
| | LV-MPI | 0.44 ± 0.07 | 0.45 ± 0.09 | 0.44 ± 0.09 | 0.45 ± 0.14 | 0.051 | 0.984 |
| | RV-MPI | 0.49 ± 0.09 | 0.45 ± 0.11 | 0.44 ± 0.08 | 0.44 ± 0.1 | 0.62 | 0.605 |

S`: Peak velocity of systolic mitral by doppler A`: late diastolic wave by tissue Doppler, E: early diastolic wave by Doppler, e`: early diastolic wave by tissue doppler a`: late diastolic wave M/sec: meter per second performance index, *:KW Kruskal Wallis test F One way ANOVA test LV-MPI: Left ventricular myocardial performance index; RV-MPI: Right ventricular myocardial performance index.

P1: Group I vs II; P2: Group I vs III; P3: Group I vs IV; P4: Group II vs III; P5: Group II vs IV; P6: Group III vs IV.

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| | | Troponin | | | | | | | | | | |
|------------|--------|----------|--------|--------|--------|----------|--------|-------|--|--|--|--|
| | Gro | up I | Grou | ıp II | Gro | oup III | Grou | ıp IV | | | | |
| | R | р | R | Р | R | Р | R | Р | | | | |
| MR(mmHg) | -0.336 | 0.219 | -0.34 | 0.256 | -0.378 | 0.203 | 0.311 | 0.302 | | | | |
| AR(mmHg) | -0.215 | 0.48 | -0.279 | 0.355 | -0.164 | 0.592 | 0.412 | 0.162 | | | | |
| LA (mm) | -0.011 | 0.971 | -0.048 | 0.877 | 0.577 | 0.039* | -0.079 | 0.796 | | | | |
| AO (mm) | -0.249 | 0.413 | -0.154 | 0.615 | -0.095 | 0.758 | 0.518 | 0.07 | | | | |
| MPA | -0.219 | 0.473 | -0.029 | 0.925 | 0.746 | 0.003* | -0.046 | 0.883 | | | | |
| TR (mmHg) | 0.421 | 0.152 | 0.032 | 0.917 | -0.051 | 0.867 | 0.053 | 0.864 | | | | |
| PASP(mmHg) | 0.421 | 0.152 | 0.032 | 0.917 | -0.051 | 0.867 | 0.084 | 0.786 | | | | |
| PR(mmHg) | 0.215 | 0.482 | -0.221 | 0.496 | -0.298 | 0.322 | -0.061 | 0.842 | | | | |
| RVD (mm) | -0.309 | 0.304 | -0.723 | 0.005* | 0.566 | 0.143 | -0.205 | 0.627 | | | | |
| TAPSE (mm) | -0.627 | 0.022* | -0.277 | 0.36 | -0.581 | 0.037* | 0.028 | 0.928 | | | | |
| TAPSE/RVSP | -0.705 | 0.007* | 0.042 | 0.891 | -0.142 | 0.642 | 0.105 | 0.733 | | | | |
| LV. FS (%) | -0.598 | 0.031* | -0.067 | 0.828 | 0.762 | 0.002* | 0.118 | 0.7 | | | | |
| LV. EF (%) | -0.598 | 0.031* | 0.332 | 0.268 | 0.762 | 0.002* | 0.118 | 0.7 | | | | |
| LV. A | -0.457 | 0.116 | -0.465 | 0.109 | -0.667 | 0.013* | -0.191 | 0.531 | | | | |
| LV. E | 0.711 | 0.006* | 0.238 | 0.434 | -0.762 | 0.002* | -0.118 | 0.7 | | | | |
| LV. E/A | 0.67 | 0.012* | 0.038 | 0.903 | 0.54 | 0.057 | 0.048 | 0.877 | | | | |
| RV. A | 0.27 | 0.372 | 0.155 | 0.612 | -0.835 | <0.001** | -0.282 | 0.35 | | | | |
| RV. E | 0.276 | 0.361 | -0.055 | 0.859 | 0.683 | 0.01* | 0.355 | 0.234 | | | | |
| RV. E/A | -0.257 | 0.397 | -0.34 | 0.256 | 0.789 | <0.001** | 0.334 | 0.265 | | | | |

Table (6): Correlation between serum troponin and the Echo parameters among the studied groups

r Spearman rank correlation coefficient *p<0.05 is statistically significant ** $p\leq0.001$ is statistically highly significant

| Table | (7): | Performance | of | troponin | in | prediction | of | abnormal | Echo | in | children | with | LRTI |
|-------|------|-------------|----|----------|----|------------|----|----------|------|----|----------|------|------|
| (TAPS | E<18 |) | | | | | | | | | | | |

| Cutoff | AUC | Sensitivity | Specificity | PPV | NPV | Accuracy | р |
|---------|-------|-------------|-------------|-------|-------|----------|----------|
| ≥12.425 | 0.833 | 82.4% | 88.9% | 93.3% | 72.7% | 84.6% | <0.001** |

AUC area under curve PPV positive predictive value NPV negative predictive value **p≤0.001 is statistically highly significant

DISCUSSION

The LRTI is considered the most frequently encountered infectious disease in children and remains a major global health burden. They are consistently reported as leading infectious causes of pediatric mortality and continue to significantly affect the health of children under five years of age worldwide [6].

The cardiopulmonary systems work in close synchrony, and disruptions in their interaction can significantly impact cardiac function. It is now well recognized that cardiovascular complications are not uncommon in LRTIs, particularly in community-acquired pneumonia (CAP), with up to 30% of hospitalized cases showing some form of cardiac involvement [7]. Although the lungs are typically the primary focus in such conditions, attention to cardiac effects especially right ventricular (RV) involvement and pulmonary hypertension (PH) is vital for appropriate risk stratification and management [8].

In our study, which involved 52 children under the age of five, we aimed to assess the cardiovascular implications of LRTIs using high-sensitive troponin levels and echocardiography. Our findings demonstrated a significant rise in serum troponin among LRTI cases compared to controls, particularly in pneumonia and bronchiolitis subgroups. This aligns with prior findings by Hegazy et al. [13], who observed elevated troponin T levels in all studied children with acute chest infections.

We found the best cut-off of serum troponin in prediction of cardiac affection in LRTI is ≥ 10.55 with area under curve 0.879, sensitivity 82.1%, specificity 84.6%, positive, negative predictive value and overall accuracy are 94.1%, 61.1% and 82.7% respectively (p<0.001) this level was notably higher than documented in children with septic shock [3.1 \pm 2.6 ng/ml (0.01–9.80 ng/ml) reported by Gürkan et al. [28].

The discrepancy in cTnI levels between the two studies may be attributed to differences in the underlying pathophysiology of myocardial involvement in LRTIs versus septic shock.

While septic shock often leads to myocardial depression through inflammatory mediators and circulatory compromise, LRTIs may cause cardiac strain due to hypoxia and increased pulmonary pressures, potentially resulting in more pronounced myocardial injury and higher cTnI release. Additionally, variations in study design, patient populations, and timing of biomarker measurement could contribute to the observed differences. Further research is elucidate the mechanisms warranted to underlying elevated cTnI levels in LRTIs and to validate its utility as a marker for cardiac involvement in this context.

CRP, an acute-phase reactant, was also significantly elevated in our LRTI groups compared to controls. These findings are supported by studies such as Gupta et al. [29], who reported higher CRP in cases of RSVrelated bronchiolitis and pneumonia, and Williams et al. [30], who showed similar trends in children with severe pneumonia. The rise in troponin may reflect not only myocardial strain but also systemic inflammation and hypoxia, consistent with known mechanisms in acute cardiac injury during pneumonia [31].

Echocardiographic assessment revealed a significant reduction in left ventricular ejection fraction (EF) in some patient subgroups, particularly those with pleural effusion, despite preserved systolic function. Our data is supported by Massolo et al. [32], who found reduced LV function in infants hospitalized for bronchiolitis. However, contrary findings were reported by Jarallah et al. [31], who found no significant LV changes in children with various LRTI forms.

Regarding diastolic function, we noted a significant decrease in LV A-wave velocities, suggesting impaired myocardial relaxation. This is consistent with Formenti et al. [33], who reported left ventricular diastolic dysfunction in a third of patients with ARDS. TDI of mitral valve provided further insights, revealing increased S' wave velocities and elevated E'/A' ratios, indicative of myocardial stiffness and restrictive filling. TDI of tricuspid valve

revealed significant decline regarding S` among the cases compared to the control. Similar findings have been described in bronchiolitisassociated cardiac involvement by Rossi et al. [34].

For right ventricular function, TAPSE, a key parameter of RV systolic performance-was significantly reduced in LRTI cases compared to controls. This supports the observations of Hameed et al. [35], who emphasized TAPSE's assessing RV utility in dysfunction in pulmonary hypertension and related pathologies. Our study confirms its value in pediatric LRTI as well, echoing findings by Biteker et al. [36], who showed TAPSE was strongly associated with outcomes in patients hospitalized for CAP. Although cardiac complications in adult CAP patients are welldocumented, caution is warranted in directly extrapolating these findings to pediatric cases. Nonetheless, they provide important pathophysiological insights that may be relevant in severe pediatric LRTIs.

RV pressures (e.g., PASP, TR) were elevated in patient groups, especially in bronchiolitis cases, indicating pulmonary hypertension. We also observed significantly lower MPA values in patients versus controls, which may reflect increased pulmonary vascular resistance. Similar observations were made by Lazzeri et al. [37] in COVID-19-related respiratory compromise.

Concerning RV diastolic function, the tricuspid inflow pattern showed significant reductions in A-wave velocity and E/A ratio, especially in the pleural effusion group. These results are in agreement with those of Chotalia et al. [38], who linked RV dysfunction with poor outcomes in pediatric ARDS. In contrast, Messina et al. [39] reported relatively preserved RV function in mild respiratory infections.

Our TDI assessment of the tricuspid valve further revealed significant declines in S', E', and A' waves in LRTI groups, confirming early and subclinical changes in RV performance. These changes were more pronounced in bronchiolitis and effusion subgroups, suggesting that even non-severe LRTIs can lead to detectable cardiac effects.

The cardiac involvement observed in children with LRTIs can be attributed to several intertwined pathophysiological mechanisms. First, systemic inflammation and the cytokine storm triggered by severe infections result in elevated circulating levels of pro-inflammatory cytokines such as interleukin-6 (IL-6), tumor necrosis factor-alpha (TNF-α), and interleukin- 1β (IL- 1β). These mediators contribute to myocardial depression, impair calcium handling, and promote oxidative stress, leading to subclinical or overt myocardial dysfunction. cytokine-induced Additionally, endothelial activation and increased vascular permeability can exacerbate myocardial strain through volume shifts and pulmonary hypertension.

Second, certain viral etiologies of LRTIs, such respiratory syncytial as virus (RSV). adenovirus, and influenza, have been shown to cause direct myocardial invasion, leading to viral myocarditis. This direct cytopathic effect local inflammatory accompanied by is infiltration and myocyte necrosis, further impairing mvocardial contractility and electrical stability. In these cases, elevated cardiac biomarkers like troponin may reflect true myocardial injury rather than mere strain, especially in the absence of hypoxia or shock [31,33, 40].

To our knowledge, this is among the new studies to comprehensively evaluate both right and left ventricular function in children with LRTIs using echocardiography and serum troponin levels. Echocardiographic evaluation of both ventricles should be performed in all children with LRTIs to assess cardiac function and exclude undiagnosed congenital heart disease. High-sensitive troponin testing is recommended, especially in severe cases, to predict potential complications. Follow-up using tissue Doppler echocardiography is advised in patients with acute cardiac abnormalities to monitor recovery.

This study had some limitations that warrant consideration. First, the relatively small sample size may limit the broader applicability of the

results. Second, being a single-center study, there is a possibility of selection bias influencing the findings. Third, while echocardiography and serum biomarkers offered important diagnostic insights, cardiac MRI-which is considered the gold standard for detailed cardiac evaluation-was not utilized feasibility due to constraints. Additionally, the lack of longitudinal follow-up limited our ability to determine the reversibility or persistence of cardiac changes and outcome. Future studies with serial echocardiographic and troponin measurements are recommended to monitor cardiac recovery over time.

CONCLUSION

This study highlights that lower respiratory tract infections in children under five are associated with biventricular cardiac involvement. Right ventricular systolic shown by reduced TAPSE dysfunction, elevated sPAP and peak S wave significantly and RV diastolic dysfunction was detected by significantly reduced TV. E/A and E/e` ratio. The left ventricular changes, including decreased EF in patient groups with preserved systolic functions, LV diastolic dysfunction noticed in decreased MV E'/A' ratio and E/e' ratio significantly. High-sensitive cardiac troponin proved its value in detection of cardiac involvement in LRTI and its significant correlation to variant cardiac functions and its elevation together with elevated CRP levels reflected systemic inflammation.

Conflict of interest: None.

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Supplementary Figure (1): ROC curve showing Performance of troponin in prediction of abnormal Echo

Citation

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